

CAMP REGISTRATION - COLLEGE OF ST. OLAF

Overnight Camp registration will begin on Sunday between 1:30-3:30 p.m. If you will be late, please call ahead and let us know when you will be arriving. Camp will begin at 4:00 p.m. in the main gym.

Overnight checkout will take place on Thursday at 2:30 p.m. before the Camp Demonstrations and Awards ceremony which will begin at approximately 3:30 p.m.

Day Camp registration: If you are interested in coming as a day camper—call for further information: 952-926-4621.

Any other information on what to bring, mail, location & directions will be mailed directly to you upon receipt of your camp application and enrollment.

MEDICAL CARE & INSURANCE

Partial medical accident insurance will be supplemented by the camp, included in your tuition fee. We have a professional trainer on duty with medical facilities nearby.

Because of the rigorous daily schedule, each camper is encouraged to come to camp in top physical condition. Every effort is made to protect the health and safety of the camper through the training staff, supervised warmup periods, and responsible instruction.

HIGH POTENTIAL SESSION

This camp session is open to all players throughout the area that are seeking a more competitive session of basketball. We encourage basketball players from all grades to enroll in this truly intense session of instruction.

ALL CAMPERS RECEIVE:

- Individual Instruction • Camp Basketball
- Camp T-Shirt • Practice Shorts
- Certificate of Participation • Special Features

SPECIAL FEATURES:

- Guest Lecturers
- Two campers per room
- Mini Lectures
Drug Abuse / Academic / What it takes! / Positive Attitude
- All-you-can-eat Cafeteria
- Video – Instruction

APPLICATION

GRADES 4 - 12

OVERNIGHT CAMP:
COLLEGE OF
ST. OLAF

CAMP SESSIONS (PLEASE CHECK)

**Boys Overnight Camp-St. Olaf
Sunday through Thursday**

- June 22 - 26 High Potential
 July 20 - 24

Overnight Camp Costs:

- \$410 (\$395 if 5 or more mailed together)
\$200 deposit required
Fee includes room, meals & partial medical insurance.
- \$385 each for 10 or more
- \$275 Day Camper - Includes lunch & dinner.
- Returning Camper - \$10 discount (check box)

COACH KOZ

e-mail: kosmoski@stolaf.edu

**Camp Phone: 952-926-4621
Office Phone: 507-786-3252**

APPLICANT INFORMATION

Camper's Name _____ (Last) _____ (First) _____ (Middle Initial)

Street Address _____ Phone (_____) _____

City _____ State _____ Zip _____

Grade (as of 9/08) _____ Age _____ Height _____ Weight _____

Name of School (as of 9/08) _____ Boys T-shirt size: _____

Parent's or Guardian's Name _____ Mens T-shirt size: _____

Roommate Preference _____ Boys shorts size: _____

_____ Mens shorts size: _____

PARENTAL CONSENT

I hereby grant permission for my son/daughter to attend the 2008 Coach Koz Fundamental Basketball Camp Inc. I also grant permission to the Coach Koz Fundamental Basketball Camp to act for me according to their best judgment in any emergency requiring medical attention and here-by waive and release the camp from any and all liability for any injuries incurred while at camp.

Parent's or Guardian's signature _____ Date _____
COACH KOZ BASKETBALL FUNDAMENTAL CAMP INC., 6017 Halifax Avenue South, Edina, MN 55424
Attention Camp Director: Coach Dan Kosmoski. For further information call **507-786-3252**.

Cut Here

NO REFUNDS AFTER JUNE 15

DOCTOR'S STATEMENT OF HEALTH OR COPY OF SCHOOL OR ATHLETIC PHYSICAL

I have examined _____ and found him/her to be healthy and able to compete in basketball and general recreational activities (of his/her choosing) during the Coach Koz Fundamental Basketball Camp Inc.

(PRESENT UPON
ARRIVAL)

List any allergies to medications _____ Last Tetanus Shot _____

Pertinent information (diabetic, epileptic, previous fractures, etc.) _____

Date Examined _____ Physician's signature _____

Present doctor's statement at registration only

Coach Dan Kosmoski Fundamental Basketball Camp Inc.
6017 Halifax Avenue South
Edina, MN 55424



PRESORTED
STANDARD
U.S. POSTAGE PAID
MPLS, MN
PERMIT NO. 3876



Attention Youth Coaches:
Here is a perfect opportunity to send your **TEAM**
to a skill development camp this summer —
one of the best camps in the country!

Camp Phone: 507-786-3252

St. Olaf College, Northfield, Minnesota. Directions:
35W South to 19. East on 19 approximately 5 miles.
Approximately 35 miles south of the Twin Cities.

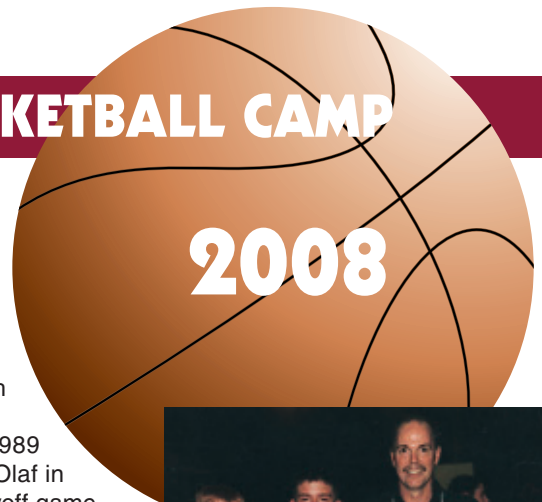
COACH KOZ FUNDAMENTAL BASKETBALL CAMP

- Coach Koz directed and instructed over 160 basketball camps
- Over 25,000 boys and girls have graduated from his camps

Dan Kosmoski is in his 14th year as head basketball coach at St. Olaf College in Northfield, Minnesota. A product of Owatonna, Minnesota, he earned 10 varsity letters in high school basketball, football and track. Coach Koz went on to play for the University of Minnesota Golden Gophers on a team that earned a 24-3 overall win-loss record and had a 15-3 record in the Big Ten.

Koz was Assistant Coach at Golden Valley Lutheran Junior College under Flip Saunders and Steve Dove. Koz helped lead the Running Royals to a trip to the NJCAA Championship with a perfect 26-0 record under Coach Saunders.

An assistant coach at the University of Minnesota for nine years, Koz's tenure included the 1989 NCAA "Sweet 16" and the 1990 NCAA "Elite 8" appearances. He became head coach at St. Olaf in 1994. The 97-98, 02-03, and 06-07 teams gained M.I.A.C. playoff births winning their first playoff game in school history.



- 2 one week Boys Overnight Camps
(one high potential)

DISCIPLINE & SUPERVISION

The Coach Koz Basketball Camp is one of the finest instructional camps in the country. We are proud that our campers adhere to set guidelines and rules. We aim to create an environment that will enhance their learning experience and give them a positive attitude which is essential in playing a TEAM game!

Any serious violations such as damage or other behavior deemed detrimental to the camp will result in immediate dismissal. No refunds will be made when such action occurs.

This camp will have a coach to camper ratio of 10:1. There will be coaches staying on each floor of the dormitory to ensure a safe environment.

TYPICAL DAILY SCHEDULE

7:15 AM	Wakeup Call
7:30 AM	Breakfast
8:40 AM	Morning Assembly – Roll
8:50 AM	Warm-up and line drills
9:10 AM	First, second and third stations - 15 min.
9:55 AM	Freethrows are recorded
10:05 AM	Waterbreak
10:10 AM	Fourth, Fifth, and Sixth Stations
10:40 AM	Freethrows are recorded
10:50 AM	Team Practice
11:20 AM	3 on 3
11:55 AM	Lunch
1:15 PM	Guest Speaker
2:15 PM	Central League – Fullcourt Games / West League / East League – Contests
3:00 PM	Leagues rotate accordingly
3:45 PM	Fastbreak League
4:30 PM	Everybody to Dormitory
4:50 PM	Evening Dinner
6:00 PM	Central League – Fullcourt Games / West League Filmroom / East League – Contests
6:45 PM	Leagues rotate accordingly
7:30 PM	Leagues rotate accordingly
8:15 PM	Central League – Fullcourt Games – West League – Swimming optional East League – Contests
9:00 PM	Leagues rotate accordingly
9:30 PM	Back to Dormitory
10:30 PM	All campers and counselors on their floor
10:45 PM	Room check and lights out!!!!

