

ST. OLAF COLLEGE MEN'S HOCKEY 2009-10



GAMEDAY PROGRAM - VS. SAINT JOHN'S UNIVERSITY

FEB. 20, 2010 | NORTHFIELD ICE ARENA | 7 P.M.

Welcome to Northfield Ice Arena for 2009-10 St. Olaf College men's hockey. Tonight the Oles host Saint John's University in the final regular season game for both schools.

St. Olaf still has a chance to make the five-team MIAC playoffs, which begin Feb. 26.

Last Night: SJU 5, St. Olaf 3

Saint John's University raced to leads of 2-0 and 4-1 on the way to a 5-3 MIAC men's hockey win over visiting St. Olaf on Friday night at the National Hockey Center.

Jack Nicoll had a goal and an assist for the Oles, who closed the gap to 4-3 midway through the third period on Britton Smith's penalty shot score at the 12:33 mark.

Smith's goal came minutes after Nicoll had made it 4-2.

St. Olaf held a slight edge in shots (32-28) but the Johnnies' Stu Van Ess made 29 saves to earn the win.

St. Olaf College	0	1	2	- 3
Saint John's	2	1	2	- 5

MIAC STANDINGS

	MIAC	Points	Overall
Gustavus *	11-2-2	24	17-5-2
Hamline *	10-3-2	22	15-5-4
St. Thomas *	8-6-2	18	11-10-4
Bethel	8-7	16	10-14
Augsburg	7-7-1	15	14-9-1
St. Olaf	5-6-4	14	11-9-4
Concordia	4-6-5	13	5-14-5
Saint John's	5-8-2	12	9-11-4
Saint Mary's	1-14-0	2	1-22-1

SENIOR NIGHT

Senior Night:

"The St. Olaf College Men's Hockey coaching staff would like to take this opportunity to thank the 2010 seniors for their continued leadership, sacrifice and selfless service the past four years. This group has been a significant part of the program's recent success, their impact will be felt for years to come."

- Head Coach Sean Goldsworthy and staff

2009-10 St. Olaf College Roster

#	Name	Class	Pos.	Ht	Wt.	Hometown/Last Team
1	Brady Sand	Fy.	G	6-1	185	Eau Claire, Wis./ Wisconsin (MnJHL)
2	Aaron Molstad	Soph.	LD	6-3	180	Stillwater, Minn. Stillwater Area HS
3	Justin Thomas	Soph.	LD	6-3	200	Belmont, Calif./Vernon (BCHL)
4	David Adams	Sr.	RD	5-10	175	Wychoff, N.J./Shattuck St. Mary's Prep
5	Joe Nessler	Fy.	RD	6-1	185	St. Cloud, Minn./St. Cloud Cathedral HS
6	Scott Cohen	Jr.	RD	6-0	190	Culver City, Calif./Helena (NAHL)
7	Derek Grogan	Soph.	RD	6-0	200	Eagan, Minn./Marquette (NAHL)
8	Blake Matejcek	Fy.	RF	5-9	175	Fairbault, Minn. Shattuck St. Mary's Prep
9	Isak Tranvik	Jr.	LF	6-1	185	Robbinsdale, Minn./Quinnipiac Univ. (NCAA)
10	Nate Weingardner	Fy.	LF	6-0	185	Edina, Minn./New England (EJHL)
11	Thor Josefson	Sr.	RF	5-9	165	Bemidji, Minn./Rochester (MNJHL)
12	Ross Trousdale	Fy.	LF	6-1	185	Buffalo, Minn./Topeka (NAHL)
13	Henrik Reisvang	Fy.	LD	5-9	165	Oslo, Norway/NGT Frisk Asker U18
14	Jeff Warren	Soph.	LF	6-0	190	Highland Park, Ill./CYA (U18 MM)
15	Matt LaBombard	Sr.	LF	6-0	185	Bloomington, Minn./Jefferson HS
16	Austin Wetmore	Soph.	RF	5-7	170	Eden Prairie, Minn./Holy Angels HS
17	Bryan Osmondson	Sr.	LF	6-3	200	Princeton, Minn. Princeton HS
18	Joel Lundstrom	Fy.	LF	6-0	185	Parker, Colo./Bismarck (NAHL)
19	Bryan Giordano	Jr.	LF	5-9	175	Chanhassen, Minn. Chaska HS
20	Ben Umhoefer	Sr.	RF	6-3	210	Marshfield, Wis./Shattuck St. Mary's Prep
21	Devin Nitzkorski	Soph.	RF	6-3	200	Moorhead, Minn./Bozeman (NORPAC)
22	Charlie Raskob	Soph.	LD	6-0	175	Hastings, Minn./Holy Angels HS
23	Caleb Harrison	Soph.	LF	5-9	175	Fairbanks, Alaska/Fairbanks (NAHL)
24	Jack Nicoll	Fy.	RF	6-2	190	Lincoln, Neb./Wenatchee (NAHL)
25	Britton Smith	Soph.	RF	6-1	185	Burnsville, Minn./Twin Cities (MNJHL)
26	Erik Morrow	Jr.	LD	6-4	210	Afton, Minn./Santa Fe (NAHL)
27	Blake Dressen	Soph.	RD	5-9	185	Edina, Minn./Colby (NCAA)
28	Matt Cosgriff	Jr.	RF	6-5	210	Minnetrissa, Minn./Breck School
29	Carson Womack	Soph.	RF	6-3	210	Marietta, Ga./Culver Academy (MM)
30	Nick Krauss	Jr.	G	6-0	175	Naperville, Ill./Baystate (EJHL)
33	AJ Sheehan	Fy.	LF	5-7	170	Cedar Rapids, Iowa/Madison Capitols(MM)
35	Sean McMahon	Fy.	RD	6-1	190	Lakeville, Minn./Blake School
63	Ben Leis	Soph.	G	6-2	185	Duluth, Minn./Seaguin Bruins (OPJHL)

Head Coach: Sean Goldsworthy - 13th Season

Assistant Coaches: Steve DeBus (3rd Season), Mike Berg (8th Season), Matt Millar (1st Season)

2009-10 Saint John's University Roster

No.	Name	Class	Pos.	Ht	Wt.	Hometown / Last Team
1	Stu Van Ess	Sr.	G	5-10	185	Kewaskum, Wis. / Gilmour Academy (H.S.)
2	Tyler Graffunder	So.	D	6-2	200	Brooklyn Park, Minn. / Totino-Grace (H.S.)
3	Jared Smith	Jr.	D	5-11	180	Grand Rapids, Minn. / North Iowa (NAHL)
4	Corey Kosak	Fr.	D	6-0	180	Grand Rapids, Minn. / Grand Rapids (H.S.)
5	Brent Brodersen	Jr.	D	5-10	175	Shakopee, Minn. / Bismarck (NAHL)
6	Pat McClure	Jr.	D	5-10	170	Maple Plain, Minn. / Orono (H.S.)
7	Nick Streine	So.	D	6-3	195	Stillwater, Minn. / Augsburg (NCAA)
8	Jascha Pettit	Fr.	F	6-0	195	Wadena, Minn. / Minnesota (MJHL)
9	James Olmscheid	Jr.	D	6-3	205	St. Cloud, Minn. / Cathedral (H.S.)
10	Tobias Linbro	Fr.	F	5-11	190	Nykvarn, Sweden / Sodertalje SK (J20)
11	Chris Murray	Sr.	F	5-10	160	Chanhassen, Minn. / Blake (H.S.)
12	Dylan Decker	Sr.	F	6-2	200	Park City, Utah / Alexandria (NAHL)
13	Gabriel Harren	Sr.	F	6-2	185	Warroad, Minn. / Billings (NAHL)
15	Nick Roscoe	So.	D	6-2	205	Eau Claire, Wis. / Minnesota (MJHL)
16	Joe Harren	Fr.	F	5-7	162	Warroad, Minn. / North Iowa (NAHL)
17	Michael Palmisceno	Fr.	F	5-5	165	East Grand Forks, Minn. / Selkirk (MJHL)
18	Conor Rooney	So.	F	5-8	170	Stillwater, Minn. / St. Thomas Academy (H.S.)
19	Alex Lindeberg	Jr.	F	6-1	205	Forest Lake, Minn. / Forest Lake (H.S.)
20	Kevin Blackley	Fr.	F	6-1	185	Plymouth, Minn. / Wayzata (H.S.)
21	Karl Gilbert	Sr.	F	6-3	180	Hermantown, Minn. / Hermantown (H.S.)
22	Grant Ellena	So.	F	6-0	185	Coon Rapids, Minn. / S. Minnesota (NAHL)
23	Axel Wikstrom	Fr.	F	6-0	190	Stockholm, Sweden / Lidings HC (D2)
24	Mike Wallgren	Jr.	F	6-2	200	Oakdale, Minn. / North Iowa (NAHL)
25	Ryan Wold	Fr.	D	6-1	190	Brooklyn Park, Minn. / Park Center (H.S.)
26	Jeff Lesmeister	So.	D	6-0	200	Anoka, Minn. / Albert Lea (NAHL)
27	Jake Koehler	Sr.	F	5-10	180	Ramsey, Minn. / Elk River (H.S.)
29	Adam Andersson	Fr.	G	6-2	182	Pixbo, Sweden / Harryda HC (D3)
30	Tony Civallo	So.	G	6-1	170	Shoreview, Minn. / Mounds View (H.S.)

Head Coach: Doug Schueller

Assistant Coaches: Mike Possin, Mike Wehmhoff, Dennis Schueller, Jamie Johnson



#4 David Adams

Wychoff, N.J.
Shattuck St. Mary's Prep



Brycen Eberwein

Student Coach



#11 Thor Josefson

Bemidji, Minn.
Rochester (MNJHL)



#15 Matt LaBombard

Bloomington, Minn.
Jefferson High School



#17 Bryan Osmondson

Princeton, Minn.
Princeton High School



#20 Ben Umhoefer

Marshfield, Wis.
Shattuck St. Mary's Prep

ST. OLAF COLLEGE MEN'S HOCKEY

GAMEDAY PROGRAM - VS. SAINT JOHN'S UNIVERSITY

2009-10 ST. OLAF STATISTICS

St. Olaf		Overall - 24 GP (11- 9- 4 .542)										Conf Only - 15 GP (5- 6- 4 .467)										Career			
##	Player	POS	YR	GP	G	A	PTS	PEN/MIN	PP	SH	GW	GT	GP	G	A	PTS	PEN/MIN	PP	SH	GW	GT	GP	G	A	PTS
9	Isak Tranvik	LW	JR	24	14	14	28	10/ 20	3	3	0	1	15	10	6	16	4/ 8	2	2	0	1	86	27	38	65
25	Britton Smith	RW	SO	23	14	10	24	12/ 32	3	0	3	0	15	7	9	16	9/ 18	1	0	1	0	37	19	12	31
23	Caleb Harrison	LD	SO	24	10	8	18	10/ 28	3	0	2	0	15	5	3	8	7/ 14	1	0	1	0	46	12	18	30
7	Derek Grogan	RD	SO	23	3	13	16	8/ 24	0	0	0	0	14	3	6	9	4/ 8	0	0	0	0	47	7	23	30
22	Charlie Raskob	LD	SO	23	6	9	15	11/ 30	2	1	2	1	15	6	6	12	8/ 16	2	1	2	1	42	11	15	26
16	Austin Wetmore	RW	SO	21	5	5	10	7/ 33	0	0	1	0	13	5	2	7	5/ 18	0	0	1	0	24	5	5	10
24	Jack Nicoll	F	FR	22	3	6	9	9/ 18	2	0	0	0	13	1	4	5	4/ 8	0	0	0	0	22	3	6	9
20	Ben Umhoefer	RW	SR	24	1	8	9	3/ 6	0	0	0	0	15	0	2	2	3/ 6	0	0	0	0	90	10	26	36
18	Joel Lundstrom	F	FR	15	3	5	8	3/ 6	0	0	0	0	12	1	5	6	2/ 4	0	0	0	0	15	3	5	8
19	Bryan Giordano	LW	JR	14	2	4	6	4/ 8	0	0	0	0	7	0	2	2	1/ 2	0	0	0	0	31	6	9	15
17	Bryan Osmondson	LW	SR	17	2	3	5	3/ 6	0	1	1	0	11	1	2	3		0	0	0	0	76	15	16	31
28	Matt Cosgriff	RW	JR	18	2	2	4	9/ 18	1	0	0	0	11	1	0	1	7/ 14	0	0	0	0	26	2	4	6
21	Devin Nitzkorski	RW	SO	18	2	2	4	9/ 18	1	0	1	0	11	1	1	2	6/ 12	1	0	0	0	23	2	5	7
8	Blake Matejcek	F	FR	19	2	2	4	8/ 16	1	0	0	0	10	1	1	2	6/ 12	1	0	0	0	19	2	2	4
12	Ross Trousdale	F	FR	19	2	2	4	9/ 18	1	0	0	0	13	1	2	3	6/ 12	1	0	0	0	19	2	2	4
3	Justin Thomas	LD	SO	22	2	2	4	10/ 31	1	0	0	0	14	1	2	3	6/ 15	0	0	0	0	30	2	3	5
11	Thor Josefson	RW	JR	17	1	2	3	1/ 2	0	0	0	0	10	1	0	1	1/ 2	0	0	0	0	62	5	7	12
2	Aaron Molstad	LD	SO	14	0	3	3	4/ 8	0	0	0	0	9	0	3	3	4/ 8	0	0	0	0	23	0	4	4
4	David Adams	RD	SR	22	0	3	3	8/ 16	0	0	0	0	14	0	2	2	6/ 12	0	0	0	0	97	5	11	16
15	Matt LaBombard	LD	SR	8	1	1	2		0	0	1	0	5	0	1	1		0	0	0	0	56	7	10	17
14	Jeff Warren	LW	SO	11	1	0	1	4/ 8	0	0	0	0	8	0	0	0	1/ 2	0	0	0	0	11	1	0	1
26	Erik Morrow	LD	JR	21	0	1	1	8/ 16	0	0	0	0	12	0	1	1	3/ 6	0	0	0	0	72	2	9	11
10	Nate Weingarden	F	FR	5	0	0	0	2/ 4	0	0	0	0	3	0	0	0		0	0	0	0	5	0	0	0
27	Blake Dressen	RD	FR	8	0	0	0	2/ 4	0	0	0	0	5	0	0	0		0	0	0	0	8	0	0	0
63	Ben Leis	G	SO	12	0	0	0		0	0	0	0	7	0	0	0		0	0	0	0	21	0	0	0
30	Nick Krauss	G	JR	13	0	0	0		0	0	0	0	8	0	0	0		0	0	0	0	34	0	0	0
	Bench							2/ 4									1/ 2								
St. Olaf				24	76	105	181	156/374	18	5	11	2	15	45	60	105	94/199	9	3	5	2				
Opponents				24	70	112	182	146/341	19	1	9	2	15	48	73	121	87/196	13	1	6	2				
## Goaltending (Overall)				GP	Minutes	GA	Saves	Shots	Save%	GAA	Record	Win%	GS	SO	%Time	Overall									
30	Nick Krauss	JR		13	746:04	39	325	364	.893	3.14	6- 6- 1	.500	12	0	50.9%	++: 500:52	34.2%								
63	Ben Leis	SO		12	712:16	30	329	359	.916	2.53	5- 3- 3	.591	12	1	48.6%	--: 436:30	29.8%								
	Open Net			8	6:06	1	1	1							0.4%	E: 527:04	36.0%								
St. Olaf				24	1464:26	70	654	724	.903	2.87	11- 9- 4	.542	24	1	100.0%										
Opponents				24	1464:26	76	627	703	.892	3.11	9-11- 4	.458	24	0	100.0%										

2009-10 SAINT JOHN'S UNIVERSITY STATISTICS

St. John's		Overall - 24 GP (9-11- 4 .458)										Conf Only - 15 GP (5- 8- 2 .400)										Career			
##	Player	POS	YR	GP	G	A	PTS	PEN/MIN	PP	SH	GW	GT	GP	G	A	PTS	PEN/MIN	PP	SH	GW	GT	GP	G	A	PTS
21	Karl Gilbert	F	SR	24	11	10	21	10/ 20	5	0	1	0	15	5	8	13	6/ 12	1	0	0	0	86	21	22	43
13	Gabriel Harren	F	SR	24	7	11	18	11/ 22	3	1	1	0	15	5	9	14	7/ 14	1	1	1	0	78	20	31	51
22	Grant Ellena	F	SO	23	7	10	17	5/ 10	0	0	1	1	15	6	4	10	3/ 6	0	0	1	1	47	16	16	32
17	Michael Palmiscno	F	FR	24	8	8	16	7/ 14	3	0	1	0	15	5	2	7	5/ 10	2	0	0	0	24	8	8	16
24	Mike Wallgren	F	JR	24	2	13	15	9/ 29	2	0	0	0	15	0	7	7	9/ 29	0	0	0	0	75	14	33	47
11	Chris Murray	F	SR	22	5	9	14	12/ 24	0	1	0	0	13	4	7	11	7/ 14	0	0	0	0	71	9	15	24
8	Jascha Pettit	F	FR	18	6	5	11	17/ 30	3	0	1	0	12	3	5	8	12/ 32	1	0	0	0	18	6	5	11
18	Conor Rooney	F	SO	23	8	2	10	3/ 6	0	0	2	0	15	5	2	7	1/ 2	0	0	2	0	44	10	5	15
19	Alex Lindeberg	F	JR	16	3	7	10	7/ 14	2	0	0	0	9	1	3	4	2/ 4	1	0	0	0	23	3	7	10
6	Pat McClure	D	JR	20	2	8	10	6/ 23	1	0	0	0	13	2	4	6	4/ 8	1	0	0	0	60	5	12	17
5	Brent Brodersen	D	JR	23	1	9	10	19/ 49	1	0	0	0	15	0	6	6	15/ 41	0	0	0	0	75	9	32	41
16	Joe Harren	F	FR	19	4	4	8	11/ 22	1	2	2	0	11	2	2	4	6/ 12	1	1	1	0	19	4	4	8
27	Jake Koehler	F	SR	21	4	4	8	3/ 6	1	1	0	0	13	2	2	4	1/ 2	1	1	0	0	51	6	6	12
12	Dylan Decker	F	SR	16	2	5	7	9/ 18	1	0	0	0	12	2	4	6	7/ 14	1	0	0	0	46	6	11	17
20	Kevin Blackley	F	FR	16	1	2	3	1/ 2	0	0	0	0	9	1	2	3		0	0	0	0	16	1	2	3
23	Axel Wikstrom	F	FR	4	1	1	2	1/ 2	0	0	0	0	3	1	1	2		0	0	0	0	4	1	1	2
15	Nick Roscoe	D	SO	15	1	1	2	1/ 2	0	0	0	0	8	1	0	1		0	0	0	0	30	1	4	5
9	James Olmscheid	D	JR	21	1	1	2	6/ 12	0	0	0	0	13	1	1	2	6/ 12	0	0	0	0	49	1	7	8
26	Jeff Lesmeister	D	SO	21	1	1	2	5/ 10	0	0	0	0	12	0	0	0	2/ 4	0	0	0	0	32	1	6	7
3	Jared Smith	D	JR	14	0	2	2	6/ 12	0	0	0	0	8	0	1	1	2/ 4	0	0	0	0	55	5	14	19
29	Adam Andersson	G	FR	3	0	1	1		0	0	0	0	1	0	0	0		0	0	0	0	3	0	1	1
25	Ryan Anderson	D	FR	5	0	1	1	2/ 4	0	0	0	0	3	0	0	0	1/ 2	0	0	0	0	5	0	1	1
7	Nick Streine	D	SO	11	0	1	1	7/ 14	0	0	0	0	6	0	1	1	4/ 8	0	0	0	0	18	0	2	2
10	Tobias Linbro	F	FR	12	0	1	1	1/ 2	0	0	0	0	8	0	1	1	1/ 2	0	0	0	0	12	0	1	1
4	Corey Kosak	D																							