



BIOGRAPHIES



#9 ISAK TRANVIK
 6-1 | 185 | Junior
 Left Forward
 Robbinsdale, Minn.
 Quinnipiac Univ. (NCAA)

AT ST. OLAF

2008-09 (Sophomore) - Earned a spot on the 21-man all-conference team after getting team-best of 19 assists... Played in 26 games... Had 30 points and 11 goals... Had two goals in 3-1 win over UW-River Falls Nov. 7... Had two assists Feb. 8 in a 4-3 win over UW-Stout... Helped Oles to a 3-2 win over Gustavus Nov. 22 with one goal and one assist... Picked up three goals and one assist Jan. 24 in 9-1 victory over Saint Mary's... Had one goal and one assist Feb. 20 in Oles' win over Augsburg... Named MIAC academic all-conference.

AT QUINNIPIAC

2007-08 (First Year) - Played in 37 of the Division I Bobcats' 39 games... Had two goals and five assists... Was second on team in points among first years... Team went 20-15-4, and 9-9-4 in the ECAC, good for sixth.

JUNIOR HOCKEY

Played in the United States Hockey League for the Waterloo Black Hawks for two seasons... Collected 23 assists and 15 goals in 69 games in 2005-06... Had 12 goals and 13 assists in 58 games in 2006-07.

AT BENILDE-ST. MARGARET HIGH SCHOOL

Was team captain in his final two high school seasons.

PERSONAL

Son of Ann and Mark Tranvik.

TRANVIK'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2007-08*	37	2	5	7	10/20	0	0	0
2008-09	26	11	19	30	11/30	4	0	0
Totals	63	13	24	37	21/50	4	0	0

*At Division I Quinnipiac University



JUNIOR ISAK TRANVIK



#10 NATE WEINGARDEN
 6-0 | 185 | First Year
 Left Forward
 Edina, Minn.
 New England (EJHL)

AT NEW ENGLAND JR. (EJHL)


Played in 29 games and had five points.

PERSONAL

Son of Alan and Susan Weingarden.



SENIOR THOR JOSEFSON



#11 THOR JOSEFSON
 5-9 | 165 | Senior
 Right Forward
 Bemidji, Minn.
 Rochester (MNJHL)

AT ST. OLAF

2008-09 (Junior) - Played in 23 games... Had three goals and one assist... Scored his first goal in the Oles' season opening 7-1 win over Lake Forest College Oct. 31... Notched next goal in the Oles' 6-4 win over Bethel Jan. 7 and his last goal of the season in the Sat. 7 5-2 victory over Bethel.

2007-08 (Sophomore) - Played in 19 games... Had one goal and four assists... Scored in Oles' game against Bethel University on Feb. 15.

2006-07(First year) - Played in three games.

JUNIOR HOCKEY

Had 20 points and 20 assists with the Rochester Ice Hawks (MNJHL) 04-05... Tallied 28 points and 28 assists in 05-06.

BEMIDJI HIGH SCHOOL


Three-time letterwinner... Captain and MVP senior year.

PERSONAL

Son of Paul and Jane Josefson.

JOSEFSON'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2006-07	3	0	0	0	1/2	0	0	0
2007-08	19	1	4	5	4/8	0	0	0
2008-09	23	3	1	4	9/29	1	0	0
Totals	45	4	5	9	14/39	1	0	0

BIOGRAPHIES



#12 ROSS TROUSDALE
 6-2 | 205 | **First Year**
 Left Forward
 Buffalo, Minn.
 Topeka (NAHL)

AT BUFFALO HIGH SCHOOL

All-conference senior year... Three year varsity letterwinner... MVP senior year... All-conference senior and junior year in tennis... All-region and all-state junior and senior year... Four year varsity letterwinner.

PERSONAL

Son of Jim and Cindy Trousdale.



#15 MATT LABOMBARD
 6-0 | 185 | **Senior**
 Left Forward
 Bloomington, Minn.
 Jefferson High School

AT ST. OLAF

2008-09 (Junior) - Played in 12 games... Had one goal and three assists... Scored goal in 7-1 season opening win over Lake Forest College.

2007-08 (Sophomore) - Played in 22 games... Had three goals and six assists.


2006-07 (First Year) - Appeared in 14 games... Had two goals.

BLOOMINGTON JEFFERSON HIGH SCHOOL

Three- time letterwinner... all-conference senior year... all-conference honorable mention junior year... team captain and MVP senior year... scored 48 points as a senior and 31 as a junior... team placed 1st in conference last three years.

PERSONAL

Son of Robert and Kathy LaBombard.



#13 HENRIK REISING
 5-9 | 180 | **First Year**
 Left Defense
 Oslo, Norway
 NGT Frisk Asker U18

AT FRISK ASKER

Appeared in 125 games... Scored 22 goals and had 27 assists.

PERSONAL

Son of Helge and Ellen Reising.



#14 JEFF WARREN
 5-10 | 185 | **Sophomore**
 Left Forward
 Highland Park, Ill.
 CYA (U18 MM)

AT ST. OLAF

2008-09 (First Year) - Saw varsity action in one game against UW-Stevens Point.

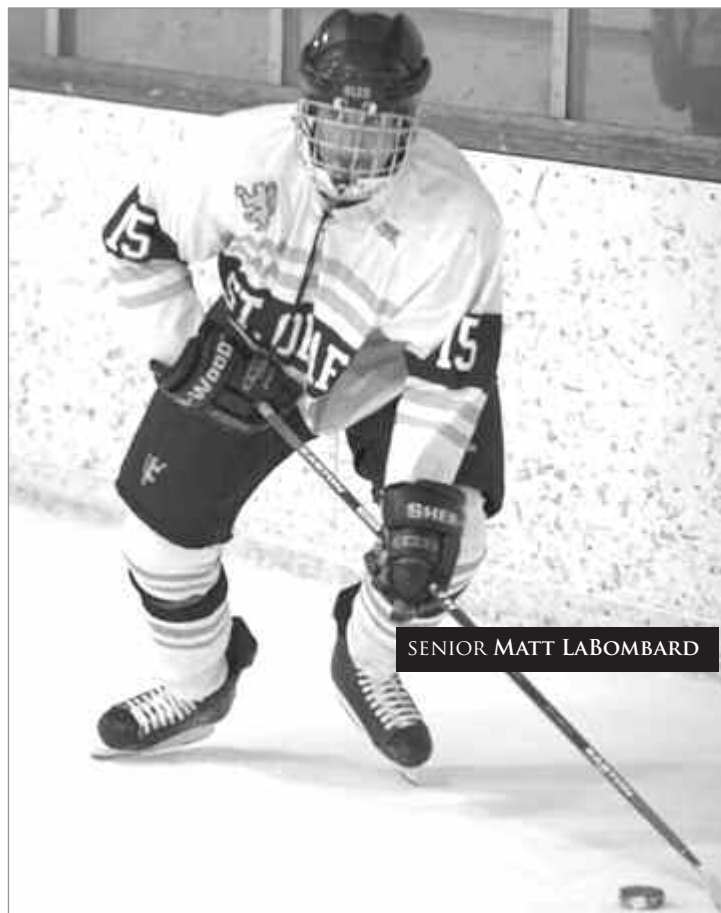
HIGH SCHOOL

High honors all four years... National Spanish Honor Society member.

PERSONAL

Son of Jay and Robin Warren.

LABOMBARD'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2006-07	14	2	0	2	1/2	0	0	0
2007-08	22	3	6	9	0/0	0	0	0
2008-09	12	1	3	4	3/6	0	0	0
Totals	48	6	9	15	4/8	0	0	0



SENIOR MATT LABOMBARD



BIOGRAPHIES



#16 AUSTIN WETMORE
 5-7 | 155 | Sophomore
 Right Forward
 Eden Prairie, Minn.
 Holy Angels High School

AT ST. OLAF
 2008-09 (First Year) - Played in two games.

AT ACADEMY OF HOLY ANGELS
 All-Conference Honorable Mention junior year... Varsity Captain as a senior... Three-time varsity letterwinner... Junior year played 26 games with 20 goals and 23 assists for 43 points... Honor student and Science achievement award recipient.

PERSONAL
 Son of Robert and Sherry Wetmore.

WETMORE'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2008-09	2	0	0	0	0/0	0	0	0
Totals	2	0	0	0	0/0	0	0	0



#17 BRYAN OSMONDSON
 6-3 | 200 | Senior
 Left Forward
 Princeton, Minn.
 Princeton High School

AT ST. OLAF
 2008-09 (Junior) - Played in 22 games... Scored nine goals and nine assist for a total of 18 points... Scored his first goal of the season Nov. 7 in 3-1 win over UW-River Falls... Notched next goal Nov. 21 in the Oles' 4-3 win over Gustavus... Collected two goals and one assist in the Dec. 5 victory over the Cobbers... Had one goal and one assist in Jan. 2 5-1 win over UW-Eau Claire.

2007-08 (Sophomore) - Played in 22 games... Had three goals and three assists.

2006-07 (First Year) - Appeared in 15 games, had one assist and one game-winning goal.

AT PRINCETON HIGH SCHOOL
 Four- time letterwinner... all-conference last two years... all-conference honorable mention as a junior... team MVP last two years... Captain junior year... had 52 points as a senior... 41 points junior year and 38 points as a sophomore... team placed 1st in conference twice... Career points record (02-06)... Single Season Assist Record (05-06)...

PERSONAL
 Son of Mark and Laurie Osmondson.

OSMONDSON'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2006-07	15	1	1	2	3/6	0	0	1
2007-08	22	3	3	6	5/10	0	0	0
2008-09	22	9	9	18	10/20	1	0	3
Totals	59	13	13	26	18/36	1	0	4



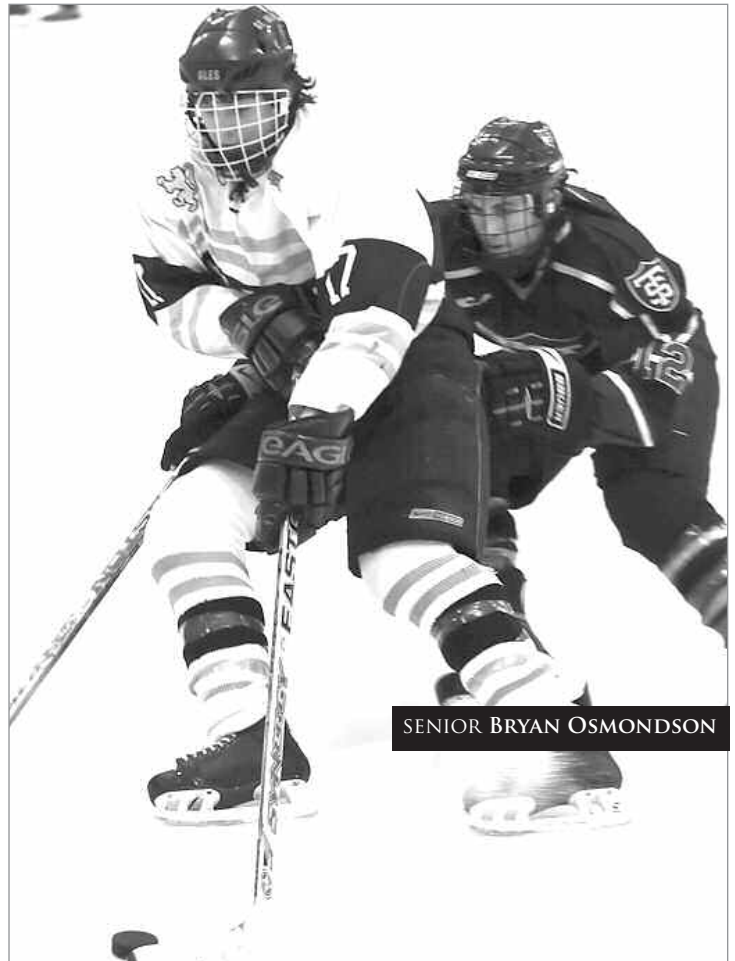
#18 JOEL LUNDSTROM
 6-0 | 185 | First Year
 Left Forward
 Parker, Colo.
 Bismarck (NAHL)

AT BISMARCK
 Appeared in 49 games... Had 10 goals and 10 assists.

AT BAY STATE (EJHL)
 Appeared in 35 games... Scored five goals and had 13 assists.

AT CHAPARRAL HIGH SCHOOL
 Four-year varsity letterwinner... Varsity captain junior and senior year.

PERSONAL
 Son of Doug and Jan Lundstrom



SENIOR BRYAN OSMONDSON



BIOGRAPHIES



#19 BRYAN GIORDANO

5-9 | 175 | Junior
Left Forward

Chanhassen, Minn.
Chaska High School

AT ST. OLAF

2008-09 (Sophomore) - Played in 15 games... Scored four goals and five assists... Had one goal and one assist in the Oles' season opener 7-1 win over Lake Forest College Oct. 31... Also notched one goal and one assist Jan. 23 in a 6-4 victory over Saint Mary's... Scored one goal in the next game of the SMU series Jan. 24... Scored last goal of the season Feb. 13 in the 2-2 overtime tie to St. Thomas.

2007-08 (First Year) - Played in two games... First career game played on Nov. 23 in Oles' 6-2 win over Concordia University (Wisc.).

AT CHASKA HIGH SCHOOL

Three-Year All-Conference winner... Two time Team MVP winner... Varsity Captain senior year... Three time letter winner... Career 40 goals, 61 assists, 101 points... Hoby Baker Award

PERSONAL

Son of Linda and Mark Giordano.

GIORDANO'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2007-08	2	0	0	0	0	0	0	0
2008-09	15	4	5	9	2/4	0	0	0
Totals	17	4	5	9	2/4	0	0	0



#20 BEN UMHOEFER

6-3 | 210 | Senior
Right Forward

Marshfield, Wis.
Shattuck St. Mary's Prep

AT ST. OLAF

2008-09 (Junior) - Played in 25 games and had three goals and eight assists... Three of his assists came in the Oles' 7-1 season opener victory over Lake Forest College Oct. 31... Notched two of the team's three goals against UW-Stout in the 4-3 loss Nov. 8... Scored Jan. 23 to help St. Olaf to a 6-4 win over St. Mary's.

2007-08 (Sophomore) - Played in 23 games... Had two goals and eight assists... Scored in Oles' 9-2 victory over Concordia-Moorhead on Jan. 19.

2006-07 (First Year) - Had four goals and two assists in 23 games played.

PERSONAL

Son of Tom and Bonnie Umhoefer.

UMHOEFER'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2006-07	23	4	2	6	4/8	2	0	0
2007-08	18	2	8	10	7/14	0	0	0
2008-09	25	3	8	11	8/19	0	0	1
Totals	66	9	18	27	19/41	2	0	1



#21 DEVIN NITZKORSKI

6-3 | 200 | Sophomore
Right Forward

Moorhead, Minn.
Bozeman (NORPAC)

AT ST. OLAF

2008-09 (First Year) - Played in five games and had three assists.

JUNIOR HOCKEY

Played for the Bozeman Icedogs and the F-M Jets.

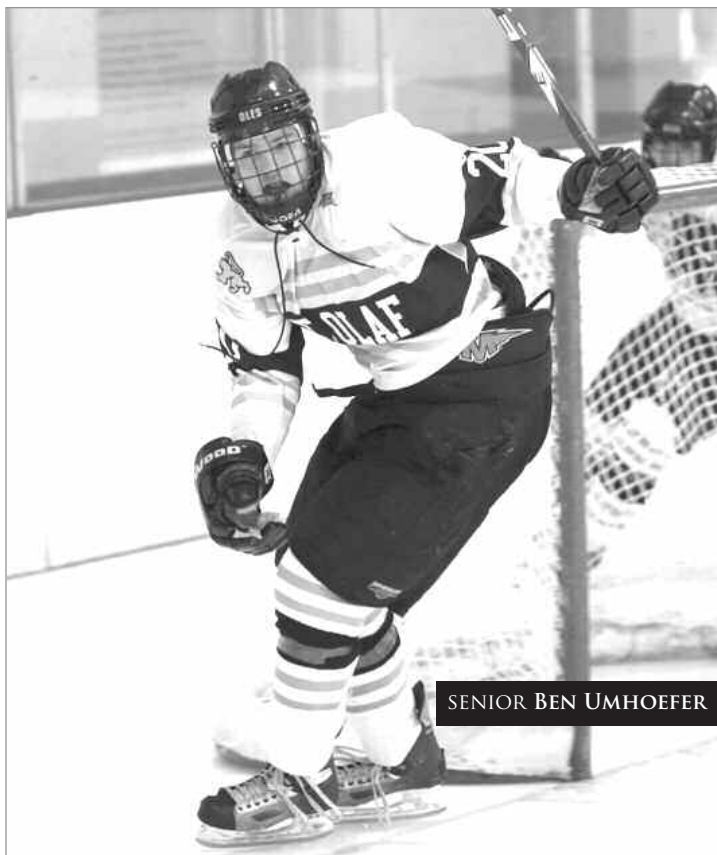
AT MOORHEAD HIGH SCHOOL

Three-time letter winner... Also lettered two years in golf.

PERSONAL

Born 09/20/88 to John and Randi Nitzkowski.

NITZKORSKI'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2008-09	5	0	3	3	2/4	0	0	0
Totals	5	0	3	3	2/4	0	0	0



SENIOR BEN UMHOEFER



BIOGRAPHIES



#22 CHARLIE RASKOB

6-0 | 175 | Sophomore
Left Defense

Hastings, Minn.
Holy Angels High School

AT ST. OLAF

2008-09 (First Year) - Earned a spot on the MIAC's all-rookie team... Played in 19 games and had five goals and six assists... Scored first goal of the season in the Oles' 4-2 loss to UW-Steven's Point Jan. 3... Had the lone goal in the Oles' 3-1 Jan. 10 loss to UW-Superior... Scored Jan. 23 in the 6-4 victory over St. Mary's and had two assist Jan. 24 in the next 9-1 win in the St. Mary's sweep... Notched a goal Feb. 14 in the Oles' 4-2 win over St. Thomas.

AT ACADEMY OF HOLY ANGELS

Three year letter winner... Was capitan senior year... Most improved player sophomore year... Received Academic Honors three years.

PERSONAL

Son of Dan and Jennifer Raskob.

RASKOB'S CAREER STATISTICS

Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2008-09	19	5	6	11	10/20	2	0	0
Totals	19	5	6	11	10/20	2	0	0



#23 CALEB HARRISON

5-8 | 130 | Sophomore
Left Forward

Faribanks, Alaska
Fairbanks (NAHL)

AT ST. OLAF

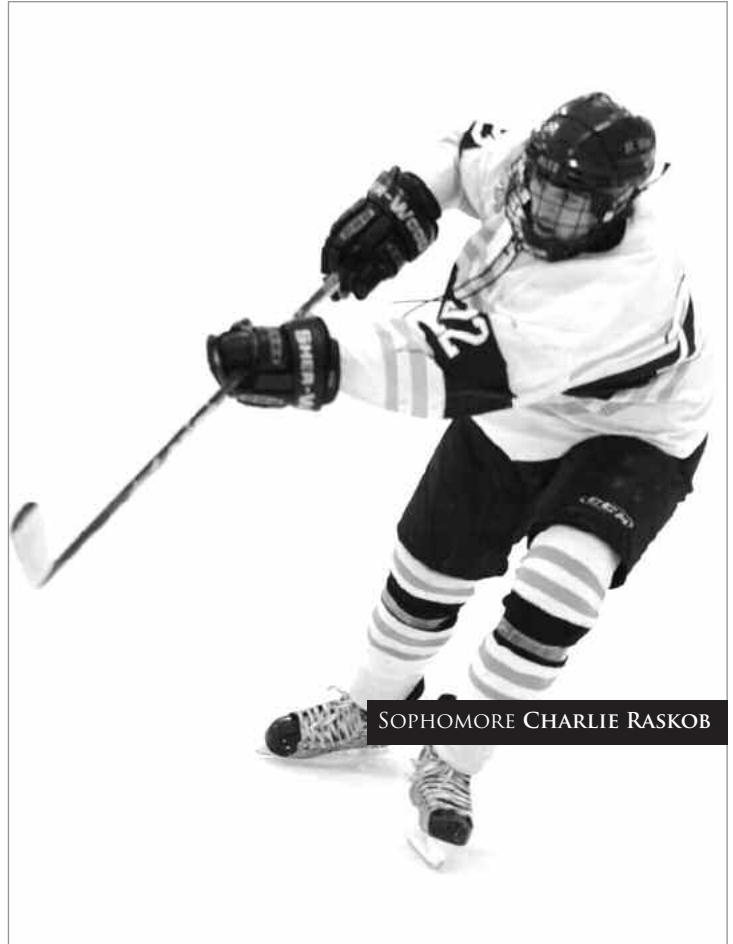
2008-09 (First Year) - Played in 22 games and had two goals and ten assists... Notched one goals and two assists in the Oles' Jan.7 6-4 win over Bethel... Also had one goal and two assists in the 9-1 victory over St. Mary's Jan. 24.

PERSONAL

Son of Jeff and Carol Harrison.

HARRISON'S CAREER STATISTICS

Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2008-09	22	2	10	12	9/26	0	1	2
Totals	22	2	10	12	9/26	0	1	2



SOPHOMORE CHARLIE RASKOB



#24 JACK NICOLL

6-2 | 190 | First Year
Right Forward

Lincoln, Neb.
Wenatchee (NAHL)

AT WENATCHEE

Team was Robertson Cup runner-up.

PERSONAL

Son of Rich and Nancy Nicoll.



BIOGRAPHIES



#25 BRITTON SMITH

6-1 | 185 | Sophomore
Right ForwardBurnsville, Minn.
Twin Cities (MNJHL)

AT ST. OLAF

2008-09 (First Year) - Played in 14 games and had five goals and two assists... Scored Jan. 9 in the Oles' 5-4 loss to St. Scholastica... Notched two goals in the 5-2 victory over Bethel Feb. 7... Had one goal and one assist in the 4-2 win Feb. 14 over St. Thomas... Scored one goal and one assist in the Oles' 6-2 victory over Augsburg Feb. 20.

JUNIOR HOCKEY

Played in 14 games for Twin Cities (MNJHL) and had 22 goals and 14 assists.

AT ACADEMY OF HOLY ANGELS

Three-time letter winner... All-Conference senior year... Senior year played in 28 games and had 30 goals and 24 assists.

PERSONAL

Son of Britton and Joan Smith.

SMITH'S CAREER STATISTICS

Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2008-09	14	5	2	7	12/40	3	0	1
Totals	14	5	2	7	12/40	3	0	1



#26 ERIK MORROW

6-4 | 210 | Junior
Left DefenseAfton, Minn.
Santa Fe (NAHL)

AT ST. OLAF

2008-09 (Sophomore) - Was an all-conference honorable mention selection... Played in 26 games and had four assists... Named MIAC academic all-conference.

2007-08 (First Year) - Scored two goals and four assists in 25 games... Had two assists in 1/19/08 win over Concordia... Had game winning goal in Jan. 5 win over UMass Dartmouth... Had game-winning goal in Nov. 17 overtime win over Augsburg.

JUNIOR HOCKEY

Played with Santa Fe (NAHL) from 2005-2007... Had seven assists in 68 games.

AT HIGH SCHOOL

All-Conference Honorable Mention Senior year... Varsity captain senior year... Two-time letterwinner... 2004-2005 GP 26, 5 G, 14 A...2003-2004 GP 28, 2 G, 2 A.

PERSONAL

Son of Pat and Brad Morrow.

MORROW'S CAREER STATISTICS

Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2007-08	25	2	4	6	10/23	1	0	2
2008-09	26	0	4	4	11/22	0	0	0
Totals	31	2	8	10	21/25	1	0	2



#27 BLAKE DRESSON

5-9 | 185 | Sophomore
Right DefenseEdina, Minn.
Colby (NCAA)

AT COLBY COLLEGE

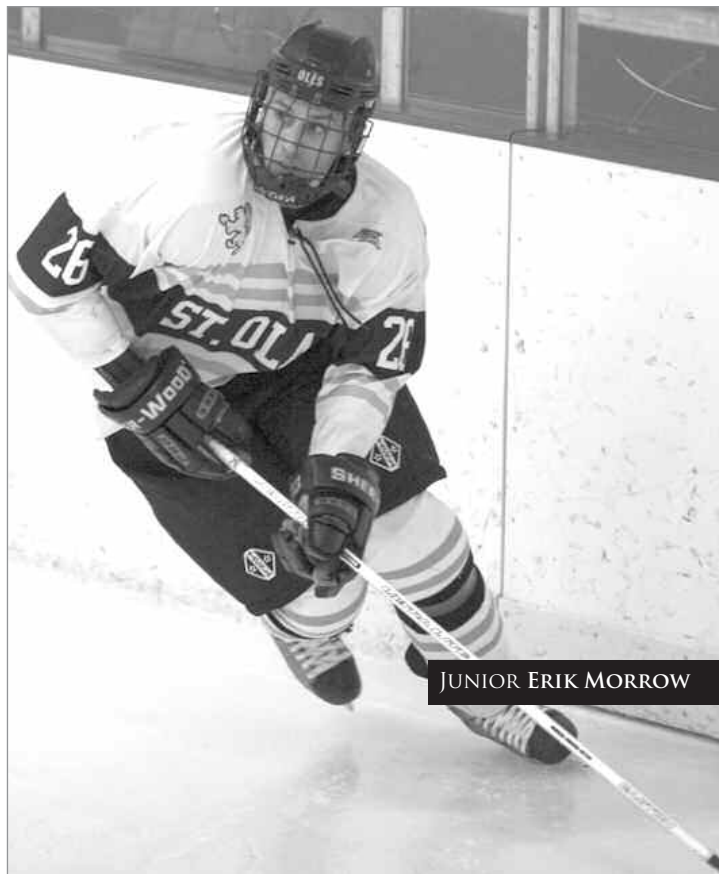
Appeared in 19 of team's 25 games... Scored a goal and had two assists.

BLAKE SCHOOL

Varsity captain senior year... Three-year letterwinner... All-conference junior and senior year in soccer... All-region senior year... Three-year varsity letterwinner... Varsity captain and MVP senior year...All-conference junior and senior year in lacrosse...Varsity captain senior year... Three year letterwinner... MVP senior year.

PERSONAL

Son of Bobbie Dresson.



JUNIOR ERIK MORROW



BIOGRAPHIES



#28 MATT COSGRIFF
 6-5 | 210 | Junior
 Right Defense

Minnetrista, Minn.
 Breck School

AT ST. OLAF

2008-09 (Sophomore) - Played in one game.
 2007-08 (First Year) - Had one assist in seven games.

AT BRECK HIGHSCHOOL

All-Conference senior year... All-Conference honorable mention junior year... Varsity captain senior year... Was a three-time letterwinner... Had 19 goals and 22 assists in final season... Baseball all-section junior year... All-Conference senior year... Varsity captain senior year... Varsity letterwinner senior and junior years.

PERSONAL

Son of Janie and Rod Cosgriff.

COSGRIFF'S CAREER STATISTICS								
Year	GP	G	A	PTS	PEN/MIN	PP	SH	GW
2007-08	7	0	1	1	3/17	0	0	0
2008-09	1	0	1	1	0	0	0	0
Totals	8	0	2	2	3/17	0	0	0



#30 NICK KRAUSS
 6-0 | 175 | Junior
 Goalie

Naperville, Ill.
 Baystate (EJHL)

AT ST. OLAF

2008-09 (Sophomore) - Was named one of two goaltenders on the all-conference team... Played in 17 games... Had save percentage of .919 and 2.58 goals against average... Had highest winning percentage and save percentage in MIAC conference... Was third in the league for goals against average... Made a total of 51 saves in Nov. 7 game to help the Ole men defeat Wisconsin-River Falls 3-1... Earned MIAC's men hockey player of week title after the the Oles' Feb. 6-7 sweep of Bethel University... Made a combined 50 saves in Feb. 13-14 series against St. Thomas and was named MIAC's player of the week after the weekend for a second time... Stopped a penalty shot and two breakaways Feb. 20 in 6-2 win over Augsburg College... Finished the season with a 13-3-1 overall record.

2007-08 (First-Year) - Played in four games... Was 2-2-0... Earned first career win against Concordia University (Wis.).

JUNIOR HOCKEY

Earned a GAA 2.37 and SV% -.925 with the Bay State Breakers (EJHL, 2005-2006).

AT HINSDALE CENTRAL HIGH SCHOOL

Played lacrosse in addition to hockey.

PERSONAL

Son of Phil and Cathy Krauss.

KRAUSS' CAREER STATISTICS								
Year	GP	Minutes	GA	Record	Saves	Shots	Save %	GAA
2007-08	4	239:04	13	2-2-0	117	130	.900	3.26
2008-09	17	1024:32	44	13-3-1	501	545	.919	2.58
Totals	21	1263:36	57	15-5-2	618	675	.916	2.71



#33 AJ SHEEHAN
 5-7 | 170 | First Year
 Left Forward

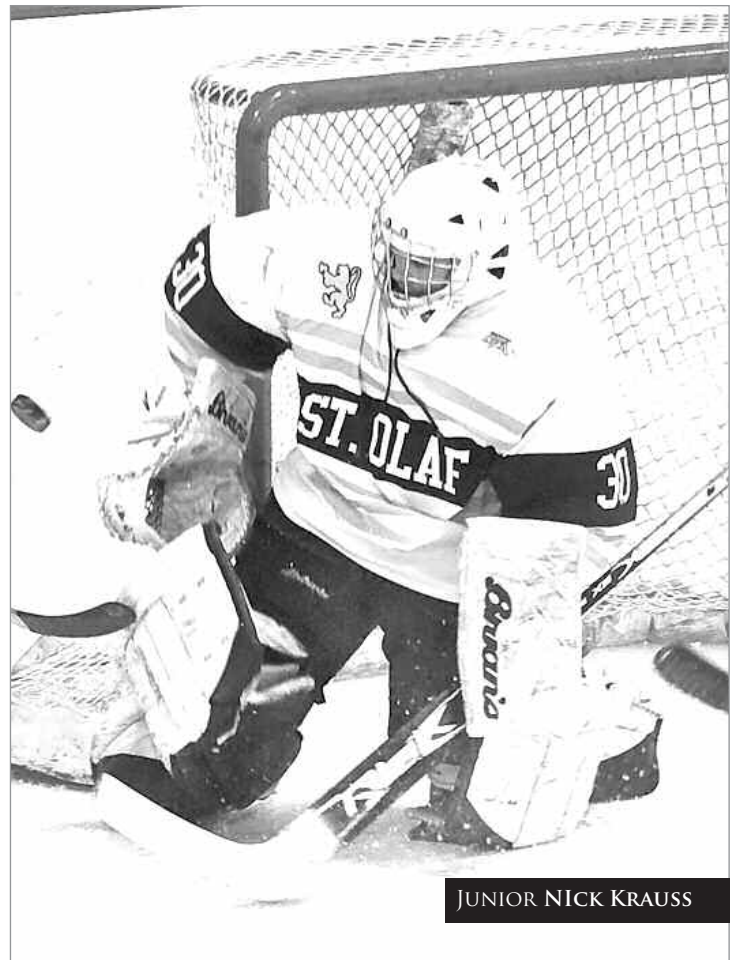
Cedar Rapids, Iowa
 Madison Capitols (U18 MM)

AT MADISON U18

Captained team in final two seasons.

PERSONAL

Son of John and Amy Sheehan.



JUNIOR NICK KRAUSS



BIOGRAPHIES



#63 BEN LEIS
6-2 | 185 | Sophomore
 Goalie
Duluth, Minn.
Seguin Bruins (OPJHL)

AT ST. OLAF

2008-09 (First Year) - Played in nine games... Had a save percentage of .910 and 2.85 goals against average... Made 25 saves and picked up the 7-1 win in net for the Oles Oct. 31... Had 34 saves Nov. 15 to help the Ole's sweep and beat St. John's 2-1... Made 27 saves in the Oles' 9-1 win over St. Mary's Jan. 24... Finished the season with a 3-4-2 overall record.

JUNIOR HOCKEY

Played 2007-08 season for the Seguin Bruins (OPJHL).

AT DULUTH EAST HIGH SCHOOL

All-conference honorable Mention senior year... Varsity Captain as a senior... Two-time team MVP... Three-time varsity letterwinner... Senior year had .929 save percentage... Three-time varsity letterwinner in golf... National Honor Society member.

PERSONAL

Son of Edward and Mary Leis.

LEIS' CAREER STATISTICS

Year	GP	Minutes	GA	Record	Saves	Shots	Save %	GAA
2008-09	9	547:01	26	3-4-2	264	290	.910	2.85
Totals	9	547:01	26	3-4-2	264	290	.910	2.85



SPENCER MCMILLAN
6-4 | 210 | Sophomore
 Forward
St. Paul, Minn.
Southern Minn. (NAHL)

AT ST. OLAF

2008-09 (First Year) - Played in one game.

JUNIOR HOCKEY

Played for Southern Minnesota Express in NAHL in 2007-2008... Played 35 games and had 4 goals and 7 assists... Awarded best plus minus.

AT MOORHEAD HIGH SCHOOL

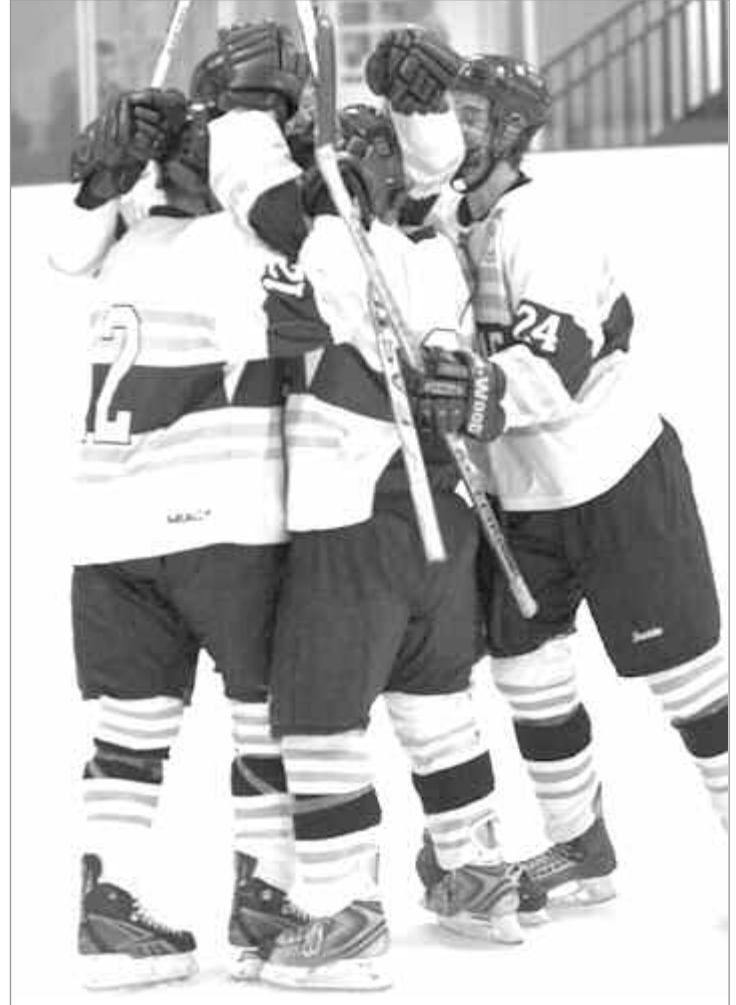
Three-time letter winner... All Conference Honorable Mention sophomore year and All Conference junior and senior years... MVP and captain junior and senior years... Senior year had 23 goals and 20 assists, junior year had 20 goals and 17 assists... Also lettered in football, golf, tennis and basketball.

PERSONAL

Son of Doug and Ann Mcmillan.

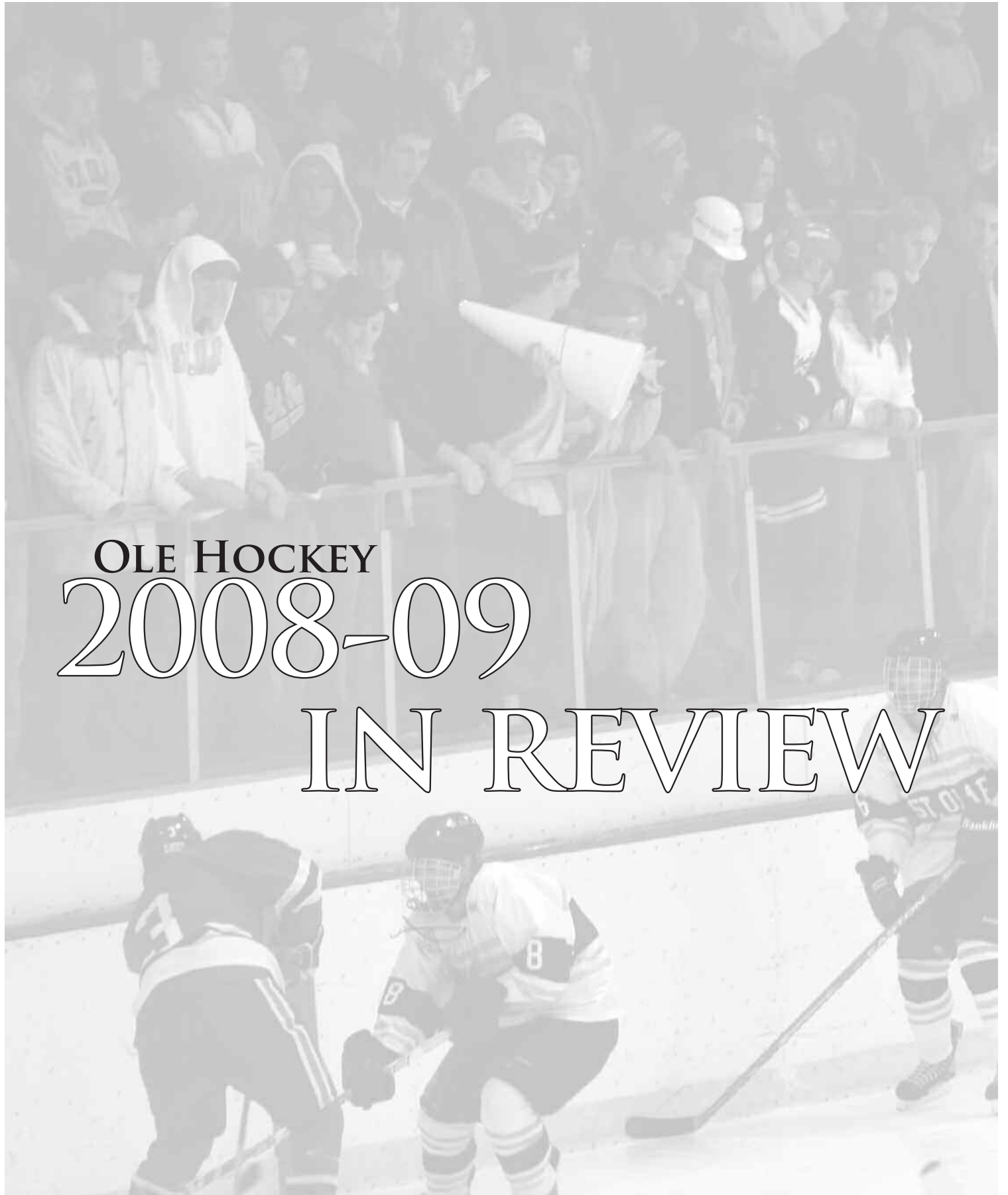
MCMILLAN'S CAREER STATISTICS

Year	GP	Minutes	GA	Record	Saves	Shots	Save %	GAA
2008-09	1	0	0	0	1/2	0	0	0
Totals	1	0	0	0	1/2	0	0	0





2008-09 IN REVIEW



OLE HOCKEY
2008-09
IN REVIEW



2008-09 STATISTICS

2008-09 STATISTICS

		Overall - 26 GP (16- 7- 3 .673)										Conf Only - 16 GP (12- 1- 3 .844)										Career			
##	Player	POS	YR	GP	G	A	PTS	PEN/MIN	PP	SH	GW	GT	GP	G	A	PTS	PEN/MIN	PP	SH	GW	GT	GP	G	A	PTS
8	Dylan Mueller	RW	SR	26	14	18	32	3/ 6	8	2	1	0	16	9	12	21	1/ 2	3	2	0	0	100	42	44	86
9	Isak Tranvik	LW	SO	25	11	19	30	11/ 30	4	0	0	0	15	7	10	17	7/ 22	4	0	0	0	62	13	24	37
12	Roger Trousdale	LW	SR	26	9	16	25	12/ 24	2	0	1	0	16	6	12	18	9/ 18	1	0	1	0	60	13	25	38
21	Nick Stalock	RW	SR	26	12	10	22	6/ 12	3	0	1	0	16	7	7	14	2/ 4	0	0	1	0	95	36	33	69
17	Bryan Osmondson	LW	JR	22	9	9	18	10/ 20	1	0	3	0	13	6	7	13	7/ 14	1	0	1	0	59	13	13	26
33	Sam Windsor	LD	SR	26	11	6	17	16/ 32	3	2	2	0	16	9	4	13	11/ 22	3	2	2	0	99	25	20	45
7	Derek Grogan	RD	FR	24	4	10	14	5/ 10	1	0	2	0	16	4	6	10	2/ 4	1	0	2	0	24	4	10	14
23	Caleb Harrison	LD	FR	22	2	10	12	9/ 26	0	1	2	0	14	1	7	8	9/ 26	0	0	1	0	22	2	10	12
22	Charlie Raskob	LD	FR	19	5	6	11	10/ 20	2	0	0	0	13	2	5	7	6/ 12	2	0	0	0	19	5	6	11
20	Ben Umhoefer	RW	JR	25	3	8	11	8/ 19	0	0	1	0	16	1	4	5	5/ 10	0	0	1	0	66	9	18	27
19	Bryan Giordano	LW	SO	15	4	5	9	2/ 4	0	0	0	1	10	3	3	6	1/ 2	0	0	0	1	17	4	5	9
10	Andy Benson	LW	SO	22	3	5	8	5/ 10	0	0	1	0	15	2	3	5	3/ 6	0	0	1	0	23	3	5	8
25	Britton Smith	RW	FR	14	5	2	7	12/ 40	3	0	1	0	11	4	2	6	11/ 38	3	0	1	0	14	5	2	7
18	Will Smith	LW	SR	10	1	5	6	1/ 2	0	0	0	0	6	1	3	4		0	0	0	0	38	5	9	14
24	Barret Simons	LD	SR	26	1	5	6	8/ 16	1	0	1	0	16	1	5	6	6/ 12	1	0	1	0	89	7	19	26
5	Ryan Hampson	LD	SR	19	0	5	5	8/ 16	0	0	0	0	11	0	2	2	4/ 8	0	0	0	0	79	3	10	13
11	Thor Josefson	RW	JR	23	3	1	4	9/ 29	1	0	0	0	14	1	0	1	4/ 19	0	0	0	0	45	4	5	9
4	David Adams	RD	JR	25	2	2	4	8/ 24	0	0	0	0	16	2	1	3	6/ 20	0	0	0	0	75	5	8	13
15	Matt LaBombard	LW	JR	12	1	3	4	3/ 6	0	0	0	0	7	0	1	1	1/ 2	0	0	0	0	48	6	9	15
26	Erik Morrow	LD	SO	26	0	4	4	11/ 22	0	0	0	0	16	0	3	3	5/ 10	0	0	0	0	51	2	8	10
16	Devin Nitzkorski	RW	FR	5	0	3	3	2/ 4	0	0	0	0	2	0	1	1	1/ 2	0	0	0	0	5	0	3	3
28	Matt Cosgriff	RW	SO	1	0	1	1		0	0	0	0										8	0	2	2
3	Justin Thomas	LD	FR	8	0	1	1	3/ 6	0	0	0	0	4	0	1	1		0	0	0	0	8	0	1	1
13	Nick Kang	RW	FR	8	0	1	1	5/ 21	0	0	0	0	4	0	0	0	4/ 19	0	0	0	0	8	0	1	1
2	Aaron Molstad	LD	FR	9	0	1	1	4/ 8	0	0	0	0	4	0	0	0	1/ 2	0	0	0	0	9	0	1	1
27	Spencer McMillan	RW	FR	1	0	0	0	1/ 2	0	0	0	0										1	0	0	0
14	Austin Wetmore	RW	FR	3	0	0	0		0	0	0	0	1	0	0	0		0	0	0	0	3	0	0	0
63	Ben Leis	G	FR	9	0	0	0		0	0	0	0	4	0	0	0		0	0	0	0	9	0	0	0
30	Nick Krauss	G	SO	17	0	0	0		0	0	0	0	12	0	0	0		0	0	0	0	21	0	0	0
	Bench							1/ 2																	

St. Olaf	26	100	156	256	173/411	29	5	16	1	16	66	99	165	106/274	19	4	12	1
Opponents	26	72	114	186	186/456	24	2	7	2	16	39	67	106	108/292	15	0	1	2

##	Goaltending (Overall)	GP	Minutes	GA	Saves	Shots	Save%	GAA	Record	Win%	GS	SO	%Time	Overall
30	Nick Krauss	SO	17	1024:32	44	501	.919	2.58	13- 3- 1	.794	17	0	65.0%	+ : 639:41 40.6%
63	Ben Leis	FR	9	547:01	26	264	.910	2.85	3- 4- 2	.444	9	0	34.7%	- : 468:43 29.8%
	Open Net		4	3:27	2	2							0.2%	E: 466:36 29.6%
	St. Olaf	26	1575:00	72	765	837	.914	2.74	16- 7- 3	.673	26	0	100.0%	
	Opponents	26	1575:00	100	680	780	.872	3.81	7-16- 3	.327	26	0	100.0%	

##	Goaltending (Conference Only)	GP	Minutes	GA	Saves	Shots	Save%	GAA	Record	Win%	GS	SO	%Time	Conference Only
30	Nick Krauss	SO	12	725:00	29	336	.921	2.40	10- 1- 1	.875	12	0	74.4%	+ : 498:39 51.1%
63	Ben Leis	FR	4	250:00	10	121	.924	2.40	2- 0- 2	.750	4	0	25.6%	- : 191:07 19.6%
	St. Olaf	16	975:00	39	457	496	.921	2.40	12- 1- 3	.844	16	0	100.0%	E: 285:14 29.3%
	Opponents	16	975:00	66	401	467	.859	4.06	1-12- 3	.156	16	0	100.0%	

##	Goaltending (Career)	GP	Minutes	GA	Saves	Shots	Save%	GAA	Record	Win%	GS	SO
30	Nick Krauss	SO	21	1263:36	57	618	.916	2.71	15- 5- 1	.738	21	0
63	Ben Leis	FR	9	547:01	26	264	.910	2.85	3- 4- 2	.444	9	0

Special Teams (Overall Conference)	Power Play	Penalty Kill	Combined	PPC/G	Power Play	Penalty Kill	Combined	PPC/G
St. Olaf	29/140 .207	103/127 .811	132/267 .494	5.4	19/ 80 .238	62/ 77 .805	81/157 .516	5.0
Opponents	24/127 .189	111/140 .793	135/267 .506	4.9	15/ 77 .195	61/ 80 .762	76/157 .484	4.8

Scoring/Shots (Overall Conference)	1st	2nd	3rd	OT	TOT	1st	2nd	3rd	OT	SOG	1st	2nd	3rd	OT	TOT	1st	2nd	3rd	OT	SOG
St. Olaf	27	39	34	0	100	277	265	236	2	780	20	24	22	0	66	182	163	120	2	467
Opponents	22	20	30	0	72	248	305	278	6	837	12	8	19	0	39	143	166	181	6	496
Difference	+5	+19	+4	+0	+28	+29	-40	-42	-4	-57	+8	+16	+3	+0	+27	+39	-3	-61	-4	-29

Game Averages (Overall Conference)	G/GM	A/GM	PTS/G	SOG/G	PEN/G	PIM/G	PPG/G	G/GM	A/GM	PTS/G	SOG/G	PEN/G	PIM/G	PPG/G
St. Olaf	3.85	6.00	9.85	30.0	6.7	15.8	1.1	4.12	6.19	10.31	29.2	6.6	17.1	1.2
Opponents	2.77	4.38	7.15	32.2	7.2	17.5	0.9	2.44	4.19	6.62	31.0	6.8	18.2	0.9
Difference	+1.08	+1.62	+2.69	-2.2	-0.5	-1.7	+0.2	+1.69	+2.00	+3.69	-1.8	-0.1	-1.1	+0.2

Situational Records (Overall Conference)	H:12	7- 4- 1	A:13	9- 2- 2	N: 1	0- 1- 0	H: 7	6- 0- 1	A: 9	6- 1- 2	N: 0	0- 0- 0
	E1 +: 9	8- 0- 1	- : 9	4- 5- 0	E: 8	4- 2- 2	E1 +: 7	6- 0- 1	- : 5	4- 1- 0	E: 4	2- 0- 2
	E2 +:13	11- 0- 2	- : 9	2- 7- 0	E: 4	3- 0- 1	E2 +:10	8- 0- 2	- : 3	2- 1- 0	E: 3	2- 0- 1
	Margin 1: 6	4- 2	2: 7	5- 2	3+:10	7- 3	Margin 1: 4	4- 0	2: 3	3- 0	3+: 6	5- 1
	First Goal		+ :16	13- 1- 2	- :10	3- 6- 1	First Goal		+ :11	9- 0- 2	- : 5	3- 1- 1



2008-09 STANDINGS, AWARDS, LEADERS

2008-09 MIAC STANDINGS

	Conference Only			Overall			Win%	GF- GA	
	Pts	GP	Record	GF-GA	GP	Record			
1 St. Olaf	27	16	12-1-3	.844	66-39	26	16-7-3	.673	100-72
2 Gustavus	20	16	10-6-0	.625	58-36	30	19-11-0	.633	112-80
St. Thomas	20	16	9-5-2	.625	66-49	26	12-11-3	.519	92-82
4 Hamline	18	16	9-7-0	.562	71-54	28	16-11-1	.589	113-85
5 Augsburg	17	16	8-7-1	.531	73-64	26	9-16-1	.365	98-107
6 Bethel	16	16	8-8-0	.500	49-61	25	11-13-1	.460	73-88
7 St. John's	15	16	7-8-1	.469	47-50	25	10-14-1	.420	74-81
8 St. Mary's	7	16	3-12-1	.219	46-93	25	4-20-1	.180	60-150
9 Concordia (MN)	4	16	1-13-2	.125	35-65	25	4-19-2	.200	62-96



2008-09 MIAC Men's Hockey Awards

MIAC Most Valuable Player - Dylan Mueller, St. Olaf (Sr.)
 MIAC Coach of the Year - Sean Goldsworthy, St. Olaf

2008-09 MIAC Men's Hockey All-Conference

Name	School	Yr.	Pos.	Hometown
Chris Berenguer	Hamline	So.	D	Eden Prairie, Minn.
Kent Bostrom	Bethel	Sr.	F	Vadnais Hts, Minn./MV
Pat Connelly	Saint John's	Sr.	F	Birchwood, Minn./Adam Davis
St. Thomas	Sr.	D		Lakeville, Minn.
Dustin Fulton	Hamline	Sr.	F	Brooklyn Park, Minn./Breck
Erick Galt	Concordia	Fy.	D	Fargo, N.D.
John Jacques	St. Thomas	Jr.	D	Duluth, Minn./East
Jim Jensen	Augsburg	So.	F	Plymouth, Minn./Osseo
Chris Johnson	Augsburg	Jr.	F	Verona, Wis./Madison Memorial
Rob Johnson	St. Thomas	So.	F	Duluth, Minn./East
Tom Knutson	St. Thomas	Sr.	D	Duluth, Minn./East
Nick Krauss	St. Olaf	So.	G	Naperville, Ill.
Kyle Kurr	Hamline	Jr.	F	Elk River, Minn.
Joe Long	Hamline	Sr.	D	Dayton, Minn./Elk River
David Martinson	Gustavus	Jr.	F	St. Louis Park, Minn.
Dylan Mueller	St. Olaf	Sr.	F	Plymouth, Minn./Armstrong
Ross Ring-Jarvi	Gustavus	Fy.	F	Anoka, Minn.
Baret Simons	St. Olaf	Sr.	D	Wisconsin Rapids, Wis.
Josh Swartout	Gustavus	So.	G	St. Louis Park, Minn.
Isak Tranvik	St. Olaf	So.	F	Robbinsdale, Minn.
Sam Windsor	St. Olaf	Sr.	F	Plymouth, Minn.

Honorable Mention

Todd Alexander	St. Thomas	Sr.	D	New Hope, Minn./Armstrong
Alex Arnason	St. Thomas	Jr.	F	Blaine, Minn./Totino-Grace
Brian Arrigoni	Hamline	Fy.	F	St. Paul, Minn./Hill-Murray
Brian Baker	Saint John's	Sr.	F	Brooklyn Park, Minn.
Andrew Birkholz	Hamline	Sr.	F	Maple Grove, Minn./Breck
Brent Brodersen	Saint John's	So.	D	Shakopee, Minn.
Parker Burgess	St. Thomas	Jr.	D	Calgary, Alberta/Wisewood
Mitch Carlson	Gustavus	So.	D	St. Louis Park, Minn.
Nick Carlson	Saint Mary's	Jr.	D	Inver Grove Heights, Minn.
Aaron Damjanovich	Bethel	Jr.	G	Remer, Minn./Greenway
Trevor Doden	Augsburg	Fy.	F	Red Wing, Minn.
Chris Fiala	Bethel	Fy.	F	Vadnais Heights, Minn./WBL
Nick Guran	Augsburg	Fy.	F	McHenry, Ill.
Marc Harrie	Concordia	Fy.	F	Fargo, N.D.
Jake Hipp	Saint John's	Sr.	F	Bismarck, N.D.
Alec Holen	Concordia	Fy.	F	Thief River Falls, Minn.
Jared Hummel	Hamline	So.	D	Eagan, Minn.
Andrew Kent	Augsburg	So.	G	Lakeville, Minn.
John Kovacs	Bethel	Sr.	D	White Bear Lake, Minn.
Matthew Lopes	Gustavus	Sr.	G	East Falmouth, Mass./Bishop Stang
Jeff Miller	Saint Mary's	Jr.	D	Portage, Mich.
Eric Morrow	St. Olaf	So.	D	Afton, Minn.
Brad Peterson	Bethel	Sr.	F	Bloomington, Minn./Jefferson
Joel Sauer	Augsburg	So.	F	Madison, Wis./Memorial
Nick Stalock	St. Olaf	Sr.	F	South St. Paul, Minn.
Roger Trousdale	St. Olaf	Sr.	F	Rogers, Minn./Buffalo
Mike Wallgren	Saint John's	So.	F	Oakdale, Minn.
Vince Wheeler	Saint John's	Sr.	G	Clearwater, Minn.
Cary Wood	St. Thomas	Fy.	G	St. Paul, Minn./Tartan

All-Rookie

Brian Arrigoni	Hamline	Fy.	F	St. Paul, Minn./Hill-Murray
Erick Galt	Concordia	Fy.	D	Fargo, N.D.
Derek Grogan	St. Olaf	Fy.	D	Eagan, Minn.
Nick Guran	Augsburg	Fy.	F	McHenry, Ill.
Charlie Raskob	St. Olaf	Fy.	D	Hastings, Minn./Holy Angels
Ross Ring-Jarvi	Gustavus	Fy.	F	Anoka, Minn.
Cary Wood	St. Thomas	Fy.	G	St. Paul, Minn./Tartan

2008-09 MIAC TEAM LEADERS

ALL GAMES

SCORING OFFENSE

## Team	GP	Goals	G/GM
1 Hamline	28	113	4.04
2 St. Olaf	26	100	3.85
3 Augsburg	26	98	3.77
4 Gustavus Adolphus	30	112	3.73
5 St. Thomas	26	92	3.54
6 St. John's	25	74	2.96
7 Bethel	25	73	2.92
8 Concordia (MN)	25	62	2.48
9 St. Mary's	25	60	2.40

SCORING DEFENSE

## Team	GP	Goals	G/GM
1 Gustavus Adolphus	30	80	2.67
2 St. Olaf	26	72	2.77
3 Hamline	28	85	3.04
4 St. Thomas	26	82	3.15
5 St. John's	25	81	3.24
6 Bethel	25	88	3.52
7 Concordia (MN)	25	96	3.84
8 Augsburg	26	107	4.12
9 St. Mary's	25	150	6.00

COMBINED SPECIAL TEAMS

## Team	Totals	PCT
1 St. Thomas	142/275	51.6
2 St. John's	150/293	51.2
3 Hamline	167/328	50.9
4 St. Olaf	132/267	49.4
5 Bethel	119/250	47.6
6 Augsburg	132/280	47.1
7 St. Mary's	143/305	46.9
8 Gustavus Adolphus	145/320	45.3
9 Concordia (MN)	123/275	44.7

SPECIAL TEAMS NET

# Team	PPF	SHA	PP	PPA	SHF	SH	NET
1 Gustavus Adolphus	40	5	+35	27	3	-24	+11
2 St. Olaf	29	2	+27	24	5	-19	+8
3 St. Thomas	31	3	+28	25	3	-22	+6
4 Hamline	38	2	+36	34	3	-31	+5
5 Concordia (MN)	27	4	+23	24	3	-21	+2
6 Augsburg	31	4	+27	31	5	-26	+1
7 St. John's	25	1	+24	27	0	-27	-3
8 Bethel	26	6	+20	24	0	-24	-4
9 St. Mary's	20	9	+11	46	3	-43	-32



2008-09 MIAC TEAM STATISTICAL LEADERS

2008-09 MIAC STATISTICAL LEADERS (Conference Games Only)

Point Scoring:

				GP	PPG	G- A- P
1	Chris Johnson	Augsburg	JR	F	16	2.06 11-22-33
2	Kent Bostrom	Bethel	SR	F	16	1.56 9-16-25
3	Joe Long	Hamline	SR	D	15	1.47 9-13-22
	Dustin Fulton	Hamline	SR	F	16	1.38 9-13-22
5	Nick Guran	Augsburg	FR	F	16	1.31 11-10-21
	Rob Johnson	St. Thomas	SO	F	16	1.31 11-10-21
	Joel Sauer	Augsburg	SO	F	16	1.31 9-12-21
	Dylan Mueller	St. Olaf	SR	RW	16	1.31 9-12-21
9	Kyle Kurr	Hamline	JR	F	15	1.33 7-13-20
	David Martinso	Gustavus	JR	RW	16	1.25 13- 7-20
	Jim Jensen	Augsburg	SO	F	16	1.25 10-10-20
	Brian Arrigoni	Hamline	FR	F	16	1.25 10-10-20

Goal Scoring:

				GP	GPG	G
1	David Martinson	Gustavus	JR	RW	16	0.81 13
2	Chris Johnson	Augsburg	JR	F	16	0.69 11
	Nick Guran	Augsburg	FR	F	16	0.69 11
	Rob Johnson	St. Thomas	SO	F	16	0.69 11
5	Jim Jensen	Augsburg	SO	F	16	0.62 10
	Trevor Doden	Augsburg	FR	F	16	0.62 10
	Chris Berenguer	Hamline	SO	D	16	0.62 10
	Brian Arrigoni	Hamline	FR	F	16	0.62 10
9	Joe Long	Hamline	SR	D	15	0.60 9
	Steve Murphy	St. Mary's	JR	F	15	0.60 9
	Joel Sauer	Augsburg	SO	F	16	0.56 9
	Kent Bostrom	Bethel	SR	F	16	0.56 9
	Dustin Fulton	Hamline	SR	F	16	0.56 9
	Jake Hipp	St. John's	SR	F	16	0.56 9
	Dylan Mueller	St. Olaf	SR	RW	16	0.56 9
	Sam Windsor	St. Olaf	SR	LD	16	0.56 9

Assist Scoring:

				GP	APG	A
1	Chris Johnson	Augsburg	JR	F	16	1.38 22
2	Kent Bostrom	Bethel	SR	F	16	1.00 16
3	Joe Long	Hamline	SR	D	15	0.87 13
	Kyle Kurr	Hamline	JR	F	15	0.87 13
	Dustin Fulton	Hamline	SR	F	16	0.81 13
	Andrew Birkholz	Hamline	SR	F	16	0.81 13
7	Chris Fiala	Bethel	FR	F	14	0.86 12
	Joel Sauer	Augsburg	SO	F	16	0.75 12
	Clayton Rehm	St. John's	SR	F	16	0.75 12
	Dylan Mueller	St. Olaf	SR	RW	16	0.75 12
	Roger Trousdale	St. Olaf	SR	LW	16	0.75 12

Power Play Points:

				GP	PPG	G- A- P
1	Kent Bostrom	Bethel	SR	F	16	0.81 5- 8-13
2	Chris Fiala	Bethel	FR	F	14	0.86 3- 9-12
	Chris Berenguer	Hamline	SO	D	16	0.75 7- 5-12
4	Alec Holen	Concordia	SR	F	15	0.73 5- 6-11
	Joe Long	Hamline	SR	D	15	0.73 4- 7-11
	Chris Johnson	Augsburg	JR	F	16	0.69 5- 6-11
7	Nick Guran	Augsburg	FR	F	16	0.56 5- 4- 9
	Brad Peterson	Bethel	SR	F	16	0.56 4- 5- 9
	Joel Sauer	Augsburg	SO	F	16	0.56 2- 7- 9
	Andrew Birkholz	Hamline	SR	F	16	0.56 2- 7- 9
	Dustin Fulton	Hamline	SR	F	16	0.56 1- 8- 9

Power Play Goals:

				GP	GPG	G
1	Chris Berenguer	Hamline	SO	D	16	0.44 7
2	Rob Johnson	St. Thomas	SO	F	16	0.38 6
3	Alec Holen	Concordia	SR	F	15	0.33 5
	Chris Johnson	Augsburg	JR	F	16	0.31 5
	Nick Guran	Augsburg	FR	F	16	0.31 5
	Kent Bostrom	Bethel	SR	F	16	0.31 5
	Rory Dynan	Gustavus	JR	RW	16	0.31 5
8	Joe Long	Hamline	SR	D	15	0.27 4
	Mike Glaesmer	St. Mary's	SO	F	15	0.27 4

Isak Tranvik	St. Olaf	SO	LW	15	0.27	4
Brad Peterson	Bethel	SR	F	16	0.25	4
12 Britton Smith	St. Olaf	FR	RW	11	0.27	3

Short-Handed Points:

				GP	PPG	G- A- P
1	Marc Harrie	Concordia	FR	F	16	0.19 3- 0- 3
2	Anthony Bohn	St. Mary's	JR	F	6	0.33 0- 2- 2
	Brandon Bukowski	Augsburg	FR	D	12	0.17 0- 2- 2
	Tedd Falk	Augsburg	FR	F	15	0.13 2- 0- 2
	Isak Tranvik	St. Olaf	SO	LW	15	0.13 0- 2- 2
	Dylan Mueller	St. Olaf	SR	RW	16	0.12 2- 0- 2
	Sam Windsor	St. Olaf	SR	LD	16	0.12 2- 0- 2

Game-Winning Goals:

				GP	G	
1	David Martinson	Gustavus	JR	RW	16	3
	Brian Arrigoni	Hamline	FR	F	16	3
	Alex Arnason	St. Thomas	JR	F	16	3
4	Chris Fiala	Bethel	FR	F	14	2
	Patrick Dynan	Gustavus	JR	LW	14	2
	Cory Ellertson	Augsburg	SO	F	15	2

Defenseman Scoring:

				GP	PPG	G- A- P
1	Joe Long	Hamline	SR D	15	1.47	9-13-22
2	Chris Berenguer	Hamline	SO D	16	1.12	10- 8-18
3	Adam Davis	St. Thomas	SR D	16	0.94	5-10-15
4	Jared Hummel	Hamline	SO D	15	0.87	2-11-13
	Sam Windsor	St. Olaf	SR LD	16	0.81	9- 4-13
6	John Kovacs	Bethel	SR D	16	0.69	5- 6-11
	A.J. Woodward	St. Mary's	JR D	16	0.69	3- 8-11
	John Jacques	St. Thomas	JR D	16	0.69	3- 8-11
	Brent Brodersen	St. John's	SO D	16	0.69	2- 9-11
	Todd Alexander	St. Thomas	SR D	16	0.69	1-10-11
11	Mason Swenson	Bethel	FR D	16	0.62	5- 5-10
	Derek Grogan	St. Olaf	FR RD	16	0.62	4- 6-10
	Cory Krogen	Hamline	JR D	16	0.62	2- 8-10
14	David Hines	Augsburg	FR D	16	0.56	2- 7- 9
15 Caleb Harrison	St. Olaf	FR LD	14	0.57	1- 7- 8	

Freshman Scoring:

				GP	PPG	G- A- P
1	Nick Guran	Augsburg	F	16	1.31	11-10-21
2	Brian Arrigoni	Hamline	F	16	1.25	10-10-20
3	Chris Fiala	Bethel	F	14	1.29	6-12-18
	Trevor Doden	Augsburg	F	16	1.12	10- 8-18
5	Marc Harrie	Concordia (MN)	F	16	0.81	6- 7-13
	Ross Ring-Jarvi	Gustavus	F	16	0.81	5- 8-13
7	Mason Swenson	Bethel	D	16	0.62	5- 5-10
	Derek Grogan	St. Olaf	RD	16	0.62	4- 6-10
9	John Lennartson	Augsburg	F	16	0.56	3- 6- 9
	David Hines	Augsburg	D	16	0.56	2- 7- 9
11 Caleb Harrison	St. Olaf	LD	14	0.57	1- 7- 8	

Goals Against Average:

				Minutes	GA	GAA
1	Matthew Lopes	Gustavus	SR	470:19	18	2.30
2	Josh Swartout	Gustavus	SO	463:48	18	2.33
3 Nick Krauss	St. Olaf	SO	725:00	29	2.40	
4	Cary Wood	St. Thomas	FR	529:35	23	2.61
5	Beau Christian	Hamline	FR	597:57	28	2.81
6	Vince Wheeler	St. John's	SR	793:59	39	2.95

Save Percentage:

				Saves	GA	Pct
1 Nick Krauss	St. Olaf	SO	336	29	.921	
2	Josh Swartout	Gustavus	SO	182	18	.910
3	Vince Wheeler	St. John's	SR	367	39	.904
4	A.Damjanovich	Bethel	JR	490	53	.902
5	Matthew Lopes	Gustavus	SR	163	18	.901
6	Beau Christian	Hamline	FR	240	28	.896
7	Cary Wood	St. Thomas	FR	193	23	.894