

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Women 55 Meter Dash

Name	School	Seed	Prelims	H#
Preliminaries				
1 Van Heel, Emily	St. Thomas	7.47	7.52 Q	3
2 Lasko, Sophie	Uw-River Falls	7.48	7.53 Q	2
3 Ponick, Becky	Uw-River Falls	7.65	7.72 Q	1
4 Olsen, Britta	St. Olaf	7.72	7.67 q	3
5 Potting, Alicia	Uw-River Falls	7.70	7.73 q	2
6 Ewing, Jenna	St. Thomas	7.65	7.76 q	1
7 Thelen, Rachel	St. Scholastica	7.80	7.86 q	2
8 Hillman, Kayla	Uw-River Falls	8.20	7.91 q	3
9 Harris, Maggie	St. Thomas	8.09	7.98	2
10 Schnell, Hayley	St. Thomas	8.11	7.99	3
11 Miller, Kristie	St. Thomas	8.02	7.99	1
12 Daugherty, Erin	St. Thomas	8.22	8.04	2
13 LaFontsee, Brittni	Uw-River Falls	7.90	8.08	1
14 Magliano, Theresa	St. Scholastica	8.06	8.09	1
15 Rice, Jenna	Uw-River Falls	7.90	8.17	2
16 Diedrich, Christa	St. Scholastica	7.92	8.20	2
17 Weise, Britni	Uw-River Falls	7.90	8.66	3
18 Butler, Laura	Uw-River Falls	8.30	8.84	1

Women 55 Meter Dash

Name	School	Seed	Finals
Finals			
1 Van Heel, Emily	St. Thomas	7.52	7.46
2 Lasko, Sophie	Uw-River Falls	7.53	7.48
3 Potting, Alicia	Uw-River Falls	7.73	7.59
4 Olsen, Britta	St. Olaf	7.67	7.61
5 Ponick, Becky	Uw-River Falls	7.72	7.67
6 Ewing, Jenna	St. Thomas	7.76	7.79
7 Thelen, Rachel	St. Scholastica	7.86	7.85
8 Hillman, Kayla	Uw-River Falls	7.91	7.96

Women 200 Meter Dash

Name	School	Seed	Finals	H#
Finals				
1 Van Heel, Emily	St. Thomas	26.37	26.42	1
2 Belger, Megan	Uw-River Falls	27.40	26.77	1
3 Lasko, Sophie	Uw-River Falls	27.10	26.92	1
4 Berg, Mariah	St. Scholastica	27.91	28.10	1
5 Riches, Brooke	Uw-River Falls	28.00	28.26	2
6 Syverson, Kayla	Uw-River Falls	28.50	28.34	2
7 Miller, Kristie	St. Thomas	28.72	28.58	2
8 Mehojah, Justine	Uw-River Falls	27.90	28.83	1
9 Pastoors, Traci	St. Thomas	28.87	28.84	3
10 Rinke, Megan	Uw-River Falls	30.00	29.09	4
11 Novak, Sarah	Uw-River Falls	29.50	29.10	4
12 Gombold, Kaylee	St. Scholastica	28.75	29.21	2

St. Olaf Tri - 1/28/2011**Manitou Field House****Results - St. Olaf Tri**

13	Harris, Maggie	St. Thomas	28.59	29.22	2
14	Schnell, Hayley	St. Thomas	29.39	29.28	4
15	Graf, Michelle	St. Thomas	29.28	29.48	3
16	Walrath, Katie	St. Scholastica	28.75	29.59	3
17	Boll, Nicole	Uw-River Falls	28.90	30.57	3
18	Mammen, Jenny	St. Thomas	30.72	31.82	4
19	Butler, Laura	Uw-River Falls	31.20	31.86	5
20	Caballero-Sauc, Kristell	St. Olaf	32.90	33.56	5

Women 400 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Rasmussen, Alyssa	Uw-River Falls	1:00.95	1:00.02	1
2	Belger, Megan	Uw-River Falls	1:01.70	1:01.71	1
3	Miller, Hallie	St. Scholastica	1:02.00	1:03.93	1
4	Vaughan, Caitlin	St. Scholastica	1:04.00	1:04.10	2
5	Syverson, Kayla	Uw-River Falls	1:06.00	1:04.14	3
6	Mueller, Katherine	St. Scholastica	1:03.85	1:04.17	2
7	Rothbauer, Amanda	Uw-River Falls	1:03.50	1:04.33	2
8	Magur, Karissa	Uw-River Falls	1:05.80	1:05.36	2
9	Johnson, Shelbie	St. Scholastica	1:06.00	1:05.38	3
10	Harris, Maggie	St. Thomas	1:05.83	1:06.28	3
11	Walter, Kyla	Carleton	1:07.00	1:08.19	3
12	Boll, Nicole	Uw-River Falls	1:07.30	1:08.52	3

Women 600 Meter Dash

	Name	School	Seed	Finals
Finals				
1	Johnson, Haley	Carleton	1:44.00	1:42.07
2	Mosel, Jamie	St. Olaf	1:45.00	1:44.59
3	Bunting, Carlin	Uw-River Falls	1:47.00	1:46.44
4	Pennig, Brady	St. Olaf	1:45.00	1:48.69
5	Hughes, Emily	St. Thomas		1:52.45
6	Baier, Abby	St. Thomas	1:54.00	1:57.53

Women 800 Meter Run

	Name	School	Seed	Finals
Finals				
1	Cook, Laura	St. Olaf	2:30.65	2:26.99
2	Sheehan, Erin	St. Thomas	2:27.23	2:27.51
3	Krause, Kathryn	Uw-River Falls	2:35.00	2:28.86
4	Crumley, Emma	St. Olaf	2:33.54	2:29.46
5	Engelhart, Abby	St. Olaf	2:32.88	2:33.72
6	King, Emily	St. Olaf	2:46.18	2:52.40

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Women 1000 Meter Run

	Name	School	Seed	Finals
Finals				
1	Korf, Leah	Unattached	3:05.00	3:02.86
2	Novacinski, Moriah	St. Olaf	3:07.21	3:06.17
3	Nordland, Brittany	Uw-River Falls	3:10.00	3:11.10
4	Hughes, Nicole	St. Scholastica	3:08.00	3:12.11
5	Nelson, Kristen	St. Olaf	3:33.63	3:28.57
6	Bodeau, Annie	St. Olaf	3:38.18	3:30.85
7	McDevitt, Theresa	St. Olaf		3:33.80
8	Kushner, Taisa	St. Olaf	3:38.10	3:43.18
9	Christner, Margaret	St. Olaf	3:41.23	3:47.12

Women 1 Mile Run

	Name	School	Seed	Finals	H #
Finals					
1	Leone, Amanda	St. Olaf	5:33.45	5:30.02	1
2	Berthiaume, Briana	Uw-River Falls	5:42.50	5:31.42	1
3	Stramp, Robin	St. Olaf	5:32.68	5:35.10	1
4	Knoebel, Lindsay	Uw-River Falls	5:45.00	5:39.69	1
5	Langer, Anna	Uw-River Falls	5:49.00	5:47.13	1
6	Kittaka, Rachel	Carleton	5:40.00	5:51.07	1
7	Geipel, Hillary	Uw-River Falls	5:55.00	5:54.88	2
8	Brandt, Allison	St. Olaf	5:54.69	5:56.28	2
9	Gustafson, Stacey	St. Scholastica	5:47.00	5:56.88	1
10	Hennessey, Kelly	St. Olaf	6:05.93	6:00.91	2
11	Nelsen, Kaylee	Uw-River Falls	5:45.00	6:01.60	1
12	Johnson, Chelsea	St. Scholastica		6:03.52	2
13	Turner, Chelsey	Uw-River Falls	5:58.00	6:05.70	1
14	Dekkers, Kylie	Uw-River Falls	6:20.00	6:09.90	2
15	Waldvogel, Brianna	Uw-River Falls	6:10.00	6:18.59	2
16	Johnson, Rochelle	Uw-River Falls	6:30.00	6:18.72	2
17	Harris, Faith	Uw-River Falls	6:30.00	6:34.52	2
18	Rogers, Laura	Uw-River Falls	7:15.00	7:38.77	2
19	Wendt, Lauren	Uw-River Falls	7:15.00	8:18.50	2

Women 3000 Meter Run

	Name	School	Seed	Finals
Finals				
1	Pietrick, Sophie	St. Olaf	10:31.89	10:47.95
2	Carlson, Lauren	St. Olaf	11:02.36	11:12.03
3	Dittman, Andrea	St. Olaf	11:27.93	11:22.26
4	Mullen, Kelsey	St. Olaf	11:32.34	11:36.22
5	Larson, Emma	St. Olaf	11:52.37	11:40.34
6	Nordyke, Kate	St. Thomas	12:30.00	11:45.69
7	Swiggum, Mary	St. Olaf	11:38.06	11:49.32
8	Exner, Meggie	St. Olaf	12:05.14	11:57.39
9	Moe, Diana	Uw-River Falls	12:30.00	11:58.24
10	Braemer, Jacque	Uw-River Falls	12:30.00	12:26.41
11	Holmes, Bridget	Uw-River Falls	12:10.50	12:33.21
12	Thompson, Tanya	Uw-River Falls	12:40.00	12:53.52
13	Besson, Lauren	Uw-River Falls	12:25.00	12:54.13
14	Kehn, Anna	Uw-River Falls	12:45.00	13:11.24

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Women 5000 Meter Run

Name	School	Seed	Time
Finals			
1 Dean, Rachel	St. Olaf	18:45.00	18:40.39
2 Rydeen, Katie	Uw-River Falls	18:45.00	18:48.11
3 Dennis, Hannah	St. Olaf	18:45.00	18:56.28
4 Gomoll, Andi	St. Olaf	19:15.00	19:10.35
5 Roth, Leah	St. Olaf	19:15.00	20:08.65

Women 55 Meter Hurdles

Name	School	Seed	Prelims	H#
Preliminaries				
1 Bair, Maggie	St. Scholastica	8.50	8.51 q	1
2 Kuebler, Melissa	St. Thomas	8.87	9.18 q	3
3 Mehojah, Justine	Uw-River Falls	9.25	9.21 q	3
4 Radtke, Alexandra	Uw-River Falls	9.34	9.30 q	3
5 Lueck, Kimberly	Uw-River Falls	9.11	9.32 q	2
6 Durovec, Brea	St. Scholastica	9.30	9.48 q	1
7 Walter, Kyla	Carleton	9.75	9.64 q	2
8 Destache, Jackie	St. Thomas	9.46	9.83 q	2
9 Baier, Abby	St. Thomas	9.91	9.98	3
10 Carter, Danielle	St. Scholastica		10.05	3
11 Stichert, Ellen	Uw-River Falls	9.30	10.08	1
12 Marske, Amanda	Uw-River Falls	10.40	10.31	1
13 Novak, Sarah	Uw-River Falls	10.50	10.59	1
14 Hughes, Emily	St. Thomas	10.71	10.95	3
15 Caballero-Sauc, Kristell	St. Olaf	11.25	12.04	2

Women 55 Meter Hurdles

Name	School	Prelims	Finals
Finals			
1 Bair, Maggie	St. Scholastica	8.51	8.91
2 Kuebler, Melissa	St. Thomas	9.18	9.12
3 Mehojah, Justine	Uw-River Falls	9.21	9.24
4 Durovec, Brea	St. Scholastica	9.48	9.45
5 Lueck, Kimberly	Uw-River Falls	9.32	9.46
6 Walter, Kyla	Carleton	9.64	9.60
7 Destache, Jackie	St. Thomas	9.83	9.79

Women 4x200 Meter Relay

Team	Relay	Seed	Finals
Finals			
1 St. Thomas	A	1:49.75	1:50.02
2 Uw-River Falls	A	1:53.00	1:52.98
3 St. Olaf	A		1:54.65

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Women 4x400 Meter Relay

Team	Relay	Seed	Finals	H#
Finals				
1 Uw-River Falls	A	4:10.50	4:13.64	1
2 St. Thomas	A	4:12.57	4:15.89	1
3 St. Scholastica	A	4:10.00	4:16.20	1
4 St. Olaf	A	4:18.00	4:16.57	1
5 Uw-River Falls	B	4:20.00	4:23.77	1
6 St. Olaf	B		4:24.95	3
7 St. Scholastica	B		4:30.22	3
8 Uw-River Falls	C	4:22.00	4:30.37	2
9 St. Olaf	C		4:36.29	3
10 Uw-River Falls	D	4:30.00	4:40.41	2
11 St. Olaf	D		4:50.30	3
12 St. Olaf	E		5:01.62	2

Women High Jump

Name	School	Seed	Finals
Finals			
1 Hawley, Ellen	St. Olaf	1.47m	1.55m
2 Daugherty, Erin	St. Thomas	1.45m	1.50m
2 Lohn, Bre	St. Scholastica	1.49m	1.50m
4 Novak, Sarah	Uw-River Falls	1.29m	1.30m
5 Weise, Britni	Uw-River Falls	1.27m	1.25m
6 Rinke, Megan	Uw-River Falls	1.21m	1.20m

Women Pole Vault

Name	School	Seed	Finals
Finals			
1 Hillman, Kayla	Uw-River Falls	3.09m	3.20m
2 Daniel, Britney	St. Thomas	3.05m	3.05m
3 Bair, Maggie	St. Scholastica	2.90m	2.90m
4 Harn, Lauren	St. Olaf	3.12m	2.75m
4 Forbes, Nora	St. Olaf	2.60m	2.75m
4 Thelen, Rachel	St. Scholastica	2.90m	2.75m
7 Baier, Abby	St. Thomas	2.60m	2.45m
7 Rinke, Megan	Uw-River Falls	2.48m	2.45m
9 Wright, Natasha	St. Thomas	2.25m	2.30m

Women Long Jump

Name	School	Prelims
Preliminaries		
1 Potting, Alicia	Uw-River Falls	5.02m q
2 Gorder, Julianna	St. Thomas	4.85m q
3 Berg, Mariah	St. Scholastica	4.70m q
4 Rice, Jenna	Uw-River Falls	4.65m q
5 Pastoors, Traci	St. Thomas	4.58m q
6 LaFontsee, Brittni	Uw-River Falls	4.54m q
7 Schnell, Hayley	St. Thomas	4.52m q
8 Walter, Kyla	Carleton	4.50m q

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

9	Radtke, Alexandra	Uw-River Falls	4.48m q
9	Graf, Michelle	St. Thomas	4.48m q
11	Diedrich, Christa	St. Scholastica	4.42m
12	Baier, Abby	St. Thomas	4.05m
13	Hughes, Emily	St. Thomas	3.46m

Women Long Jump

	Name	School	Finals
Finals			
1	Potting, Alicia	Uw-River Falls	5.07m
2	Gorder, Julianna	St. Thomas	4.85m
3	Berg, Mariah	St. Scholastica	4.81m
4	Rice, Jenna	Uw-River Falls	4.72m
5	Pastors, Traci	St. Thomas	4.58m
6	Radtke, Alexandra	Uw-River Falls	4.55m
7	LaFontsee, Brittni	Uw-River Falls	4.54m
8	Schnell, Hayley	St. Thomas	4.52m
9	Walter, Kyla	Carleton	4.50m
10	Graf, Michelle	St. Thomas	4.48m

Women Triple Jump

	Name	School	Seed	Prelims
Prelims				
1	Van Heel, Emily	St. Thomas	10.81m	10.84m q
2	Miller, Rachel	St. Scholastica	10.81m	10.65m q
3	Pastors, Traci	St. Thomas	10.15m	10.33m q
4	Lueck, Kimberly	Uw-River Falls	10.18m	9.93m q
5	Eckman, Erin	St. Scholastica	9.76m	9.68m q
6	Magliano, Theresa	St. Scholastica	9.87m	9.66m q
7	Miller, Kristie	St. Thomas	9.55m	9.43m q
8	Graf, Michelle	St. Thomas	9.81m	9.41m q
9	Proulx, Kaitlyn	St. Scholastica	9.01m	9.09m q
10	Roy, Hannah	St. Scholastica		8.96m
---	Daugherty, Erin	St. Thomas	9.57m	FOUL

Women Triple Jump Finals

	Name	School	Finals
Finals			
1	Van Heel, Emily	St. Thomas	10.84m
2	Miller, Rachel	St. Scholastica	10.65m
3	Pastors, Traci	St. Thomas	10.33m
4	Lueck, Kimberly	Uw-River Falls	9.99m
5	Miller, Kristie	St. Thomas	9.93m
6	Eckman, Erin	St. Scholastica	9.70m
7	Magliano, Theresa	St. Scholastica	9.66m
8	Graf, Michelle	St. Thomas	9.64m
9	Proulx, Kaitlyn	St. Scholastica	9.16m

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Manitou Field House
Results - St. Olaf Tri

Women Shot Put

Name	School	Seed	Prelims
Preliminaries			
1 Gillund, Tracie	Uw-River Falls		11.98m q
2 Kopel, Colleen	Uw-River Falls		11.50m q
3 Maas, Amy	St. Thomas	11.55m	11.46m q
4 Huberty, Becky	St. Scholastica	11.69m	11.26m q
5 Willaert, Felisha	St. Thomas	11.36m	11.24m q
5 Volkman, Hannah	St. Thomas	10.99m	11.24m q
7 Ponick, Becky	Uw-River Falls		11.21m q
8 Seeley, Alec	St. Scholastica	11.90m	11.14m q
9 Springstroh, Mackenzie	Uw-River Falls		10.94m q
10 Menze, Brittnie	St. Scholastica	11.60m	10.80m
11 Andersen, Bria	Uw-River Falls		10.73m
12 Zajac, Haley	St. Thomas	11.10m	10.67m
13 Lemke, Sarah	St. Thomas	10.64m	10.65m
14 Novak, Sarah	Uw-River Falls	9.44m	10.21m
15 Aeschliman, Laura	Uw-River Falls		10.13m
16 Rinke, Megan	Uw-River Falls	9.14m	9.46m
17 Weise, Britni	Uw-River Falls		9.34m
18 Baier, Abby	St. Thomas	7.75m	7.61m
19 Hughes, Emily	St. Thomas	7.75m	7.08m
20 Destache, Jackie	St. Thomas	7.75m	6.25m

Women Shot Put

Name	School	Prelims	Finals
Finals			
1 Kopel, Colleen	Uw-River Falls	11.50m	12.16m
2 Gillund, Tracie	Uw-River Falls	11.98m	11.98m
3 Seeley, Alec	St. Scholastica	11.14m	11.79m
4 Maas, Amy	St. Thomas	11.46m	11.46m
5 Huberty, Becky	St. Scholastica	11.26m	11.26m
6 Willaert, Felisha	St. Thomas	11.24m	11.24m
6 Volkman, Hannah	St. Thomas	11.24m	11.24m
8 Ponick, Becky	Uw-River Falls	11.21m	11.21m
9 Springstroh, Mackenzie	Uw-River Falls	10.94m	10.94m

Women Weight Throw

Name	School	Seed	Prelims
Preliminaries			
1 Maas, Amy	St. Thomas	13.48m	14.23m q
2 Seeley, Alec	St. Scholastica	14.62m	13.98m q
3 Menze, Brittnie	St. Scholastica	13.65m	13.68m q
4 Volkman, Hannah	St. Thomas	14.13m	13.22m q
5 Huberty, Becky	St. Scholastica	12.54m	12.72m q
6 Ponick, Becky	Uw-River Falls		12.39m q
7 Sawyer-Smith, Becca	St. Olaf	11.54m	12.33m q
8 Lemke, Sarah	St. Thomas	13.26m	12.00m q
9 Zajac, Haley	St. Thomas	12.42m	11.86m q
10 Willaert, Felisha	St. Thomas	11.71m	11.82m
11 Springstroh, Mackenzie	Uw-River Falls		10.75m

St. Olaf Tri - 1/28/2011**Manitou Field House****Results - St. Olaf Tri**

12	Andersen, Bria	Uw-River Falls	10.57m
13	Gillund, Tracie	Uw-River Falls	10.33m
14	Aeschliman, Laura	Uw-River Falls	8.74m

Women Weight Throw Finals

	Name	School	Prelims	Finals
Finals				
1	Seeley, Alec	St. Scholastica	13.98m	14.86m
2	Maas, Amy	St. Thomas	14.23m	14.23m
3	Menze, Brittnie	St. Scholastica	13.68m	13.68m
4	Huberty, Becky	St. Scholastica	12.72m	13.44m
5	Volkman, Hannah	St. Thomas	13.22m	13.22m
6	Lemke, Sarah	St. Thomas	12.00m	12.99m
7	Sawyer-Smith, Becca	St. Olaf	12.33m	12.70m
8	Ponick, Becky	Uw-River Falls	12.39m	12.43m
9	Zajac, Haley	St. Thomas	11.86m	11.86m

Men 55 Meter Dash

	Name	School	Seed	Prelims	H#
Preliminaries					
1	Clark, Leon	St. Olaf	6.63	6.60 Q	2
2	Beardsley, Phillip	St. Olaf	6.91	6.83 Q	4
3	Griffin, Addisson	St. Scholastica		6.86 Q	3
4	Ptacek, Ryan	Uw-River Falls	6.80	6.91 Q	1
5	Klingelutz, Greg	Uw-River Falls	6.70	6.87 q	4
6	Dalbec, Paul	Uw-River Falls	6.80	6.91 q	3
7	Smith, Cameron	St. Olaf	7.11	6.91 q	1
8	Milon, Sherome	St. Scholastica		6.97 q	2
9	Ward, Andre	St. Scholastica	6.87	6.98	3
10	Jensen, Jake	St. Scholastica		6.98	4
11	Drayton - Wiley, Robert	St. Scholastica		7.02	1
12	Ohlin, Joe	St. Scholastica	8.84	7.04	4
13	McCluskey, Steven	Uw-River Falls	7.05	7.07	2
14	Noyes, Lane	St. Scholastica	7.07	7.10	4
15	Odom, Kevin	St. Olaf	7.20	7.12	1
16	Belger, Todd	St. Scholastica	7.07	7.15	3
17	James, Calvin	St. Olaf		7.23	1
18	Ponick, Greg	Uw-River Falls	7.25	7.34	3
19	Carlson, Peter	Uw-River Falls	6.95	7.37	2

Men 55 Meter Dash

	Name	School	Seed	Finals
Finals				
1	Clark, Leon	St. Olaf	6.60	6.63
2	Klingelutz, Greg	Uw-River Falls	6.87	6.85
3	Griffin, Addisson	St. Scholastica	6.86	6.86
4	Milon, Sherome	St. Scholastica	6.97	6.90
5	Dalbec, Paul	Uw-River Falls	6.91	6.92
6	Smith, Cameron	St. Olaf	6.91	6.92
7	Ptacek, Ryan	Uw-River Falls	6.91	6.94
8	Beardsley, Phillip	St. Olaf	6.83	6.94

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Men 200 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Capek, Jacob	Unattached	22.90	22.47	1
2	Falzone, Frank	Unattached	22.65	23.09	1
3	Butler, James	Uw-River Falls	23.16	23.16	1
4	Harder, Donny	St. Olaf	23.11	23.20	1
5	Mueller, Lucas	Uw-River Falls	23.40	23.44	2
6	Rodewald, Dan	Uw-River Falls	23.20	23.63	2
7	Milon, Sherome	St. Scholastica	23.86	23.95	4
8	Hanson, Justin	St. Scholastica	23.76	23.95	3
9	Ptacek, Ryan	Uw-River Falls	23.80	24.07	3
10	Griffin, Addisson	St. Scholastica	24.00	24.40	4
11	Robey, Bryce	Uw-River Falls	24.20	24.45	4
12	Shutey, Matt	Uw-River Falls	24.30	24.47	5
13	Ward, Andre	St. Scholastica	24.26	24.49	5
14	Graham, Erik	St. Scholastica	24.40	24.60	6
15	Klingelutz, Greg	Uw-River Falls	23.60	24.61	2
16	McCluskey, Steven	Uw-River Falls	24.00	25.18	4
17	Belger, Todd	St. Scholastica	25.00	25.19	6
18	Ponick, Greg	Uw-River Falls	24.30	25.76	5

Men 400 Meter Dash

	Name	School	Seed	Finals	H#
Finals					
1	Capek, Jacob	Unattached	49.90	50.64	1
2	Markuson, Logan	Unattached	50.26	51.50	1
3	Liljevall, Indy	Uw-River Falls	51.50	52.21	1
4	Sumnicht, Anthony	Uw-River Falls	52.80	52.68	1
5	Walters, Jesse	Uw-River Falls	53.30	53.69	2
6	Johnson, Peter	St. Olaf	54.00	54.56	2
7	Graham, Erik	St. Scholastica	53.50	56.54	2
8	Koeppen, Ben	St. Scholastica	53.50	58.20	2

Men 600 Yard Dash

	Name	School	Seed	Finals
Finals				
1	Jensen, Scott	Uw-River Falls	1:15.60	1:14.90
2	Mueller, Lucas	Uw-River Falls	1:15.10	1:14.97
3	Tut, Jb	St. Olaf	1:18.48	1:16.81
4	Schriener, Paul	Uw-River Falls	1:17.20	1:19.72

Men 800 Meter Run

	Name	School	Seed	Finals
Finals				
1	Pedersen, Derrek	Uw-River Falls	1:59.72	2:01.26
2	Berg, Paul	St. Olaf	2:01.88	2:01.43
3	Olson, Evan	St. Olaf	2:00.01	2:02.15
4	Folken, Christian	St. Olaf	2:02.81	2:02.39
5	Powley, Ryan	St. Olaf		2:03.94
6	O'Brien, Tim	Uw-River Falls	2:06.00	2:03.98
7	Obermann, Kyle	St. Olaf	2:08.95	2:09.23
8	Hansen, Anthony	Uw-River Falls	2:07.00	2:09.61

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Men 1000 Meter Run

Name	School	Seed	Finals
Finals			
1 Zeien, Alex	Uw-River Falls	2:34.00	2:37.17
2 Erickson, Timothy	St. Olaf	2:34.15	2:37.36
3 Pierson, Nick	Uw-River Falls	2:46.00	2:41.48
4 Evens, Nick	St. Olaf	2:38.18	2:42.65
5 O'Neill, Ian	St. Olaf		2:48.53
6 Anderson, Joel	Uw-River Falls	2:47.00	2:49.85

Men 1 Mile Run

Name	School	Seed	Finals	H#
Finals				
1 Brandenburg, Jared	Uw-River Falls	4:23.15	4:17.59	1
2 Gilbertson, Reid	St. Olaf	4:16.04	4:18.65	1
3 Saksa, Brian	St. Olaf	4:24.99	4:22.24	1
4 Storkel, Derek	Unattached	4:16.70	4:24.23	1
5 Lillehaugen, Tim	St. Olaf	4:23.01	4:29.62	1
6 Gausmann, Shad	Uw-River Falls	4:32.00	4:31.92	1
7 Zeien, Nick	Uw-River Falls	4:27.00	4:32.22	1
8 Christian, John	St. Olaf	4:29.15	4:35.91	1
9 Block, Aron	St. Olaf	4:40.79	4:40.02	2
10 Sass, Jeremy	Uw-River Falls	4:41.00	4:46.14	2
11 Bakken, Daniel	St. Olaf	4:56.39	4:48.38	2
12 Rough, Michael	Uw-River Falls	4:36.00	4:50.36	1
13 Merritt, Mike	Uw-River Falls	4:40.00	4:51.40	2
14 White, Phil	Uw-River Falls	4:42.00	4:52.29	2
15 Anderson, Luke	Uw-River Falls	4:55.00	4:54.38	2
16 Kleven, Andrew	St. Olaf		5:04.37	2
17 Friedrichsen, Daniel	St. Olaf		5:06.20	2
18 Foley, Lucas	St. Olaf	5:08.22	5:06.32	2
19 Fuglestad, Andrew	St. Olaf		5:07.97	2
20 Wilson, Dan	St. Olaf		5:14.84	2

Men 3000 Meter Run

Name	School	Seed	Finals
Finals			
1 Truedson, Erik	Unattached	8:43.00	8:39.76
2 Sulkin, Steve	Unattached	8:39.00	8:40.59
3 Nystrom, Ian	St. Olaf	9:30.32	9:24.34
4 Davis, Dillon	St. Olaf	9:38.12	9:31.04
5 Abda, Anwar	Uw-River Falls	9:21.00	9:31.16
6 Hoffman, Ricky	Uw-River Falls	9:25.00	9:45.37
7 Heller, Frankie	St. Olaf	9:55.79	9:47.29
8 Schubert, Ethan	St. Scholastica	10:00.00	10:01.46

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Men 5000 Meter Run

	Name	School	Seed	Finals
Finals				
1	Boland, Patrick	St. Olaf		15:54.10
2	Bayer, Benjamin	St. Olaf		15:58.35
3	Wold, Josh	St. Olaf		16:04.59
4	Swanson, Adrian	St. Olaf		16:10.45
5	McMillen, Kellen	St. Olaf		16:34.39

Men 55 Meter Hurdles Prelims

	Name	School	Seed	Prelims	H#
Preliminaries					
1	Butler, James	Uw-River Falls	7.97	8.06 Q	1
2	Shutey, Matt	Uw-River Falls	8.45	8.61 Q	2
3	Hanson, Justin	St. Scholastica	8.14	8.17 q	1
4	Mueller, Lucas	Uw-River Falls	8.60	8.65 q	1
5	Doran, Christopher	St. Scholastica	8.81	8.65 q	2
6	Calabrese, Carl	Uw-River Falls	8.60	8.72 q	1
7	Schofield, Kenny	Unattached	8.30	8.86 q	2
8	Tut, Jb	St. Olaf	9.01	9.04 q	1
9	Nelson, Donovan	Uw-River Falls	8.90	9.14	2
10	Watson, Jamison	St. Olaf		9.43	1
11	Good, Zach	Uw-River Falls	9.50	9.46	1
12	Sumnicht, Anthony	Uw-River Falls		9.67	2
13	Rengo, Kevin	Uw-River Falls	9.50	10.00	2
14	Engel, Zeth	Uw-River Falls	10.08	10.39	1

Men 55 Meter Hurdles

	Name	School	Prelims	Finals
Finals				
1	Butler, James	Uw-River Falls	8.06	8.02
2	Hanson, Justin	St. Scholastica	8.17	8.04
3	Mueller, Lucas	Uw-River Falls	8.65	8.35
4	Schofield, Kenny	Unattached	8.86	8.45
5	Shutey, Matt	Uw-River Falls	8.61	8.60
6	Doran, Christopher	St. Scholastica	8.65	8.67
7	Calabrese, Carl	Uw-River Falls	8.72	11.26

Men 4x400 Meter Relay

	Team	Relay	Seed	Finals	H#
Finals					
1	Uw-River Falls	A	3:25.00	3:30.52	1
2	St. Olaf	A	3:28.71	3:30.67	1
3	Uw-River Falls	B	3:27.00	3:32.03	1
4	Uw-River Falls	C	3:32.00	3:36.81	1
5	Uw-River Falls	E	3:40.00	3:44.11	2
6	St. Olaf	B	3:40.21	3:51.73	2

Men High Jump

	Name	School	Seed	Finals
Finals				
1	Catto, Clai	Uw-River Falls		1.95m

St. Olaf Tri - 1/28/2011**Manitou Field House****Results - St. Olaf Tri**

2	Schiller, Danny	Unattached	2.00m	J1.95m
3	Tut, Jb	St. Olaf	1.80m	1.90m
4	Anderson, Max	Uw-River Falls		1.85m
5	Hylton, Zach	St. Olaf		1.80m
6	Good, Zach	Uw-River Falls	1.82m	J1.80m
7	Rengo, Kevin	Uw-River Falls		1.75m
7	Blair, Matt	Uw-River Falls		1.75m
9	Calabrese, Carl	Uw-River Falls	1.60m	1.55m
10	Engel, Zeth	Uw-River Falls	1.52m	1.50m
11	Watson, Jamison	St. Olaf	1.50m	J1.50m

Men Pole Vault

	Name	School	Seed	Finals
Finals				
1	Isakson, Adam	Unattached	4.85m	4.60m
2	Spandl, Macauley	Unattached	4.80m	4.45m
3	Beckwith, Cyrus	St. Scholastica	4.28m	4.30m
3	Calabrese, Carl	Uw-River Falls	4.26m	4.30m
3	Carlson, Peter	Uw-River Falls	4.26m	4.30m
6	Beckwith, Luke	St. Scholastica	4.13m	4.15m
7	Rengo, Kevin	Uw-River Falls	3.20m	3.70m
---	Engel, Zeth	Uw-River Falls	3.04m	NH

Men Long Jump

	Name	School	Seed	Finals
Finals				
1	Smith, Cameron	St. Olaf	6.38m	6.72m
2	Schofield, Kenny	Unattached	6.57m	6.58m
3	Isakson, Adam	Unattached	6.50m	6.41m
4	Odom, Kevin	St. Olaf	5.70m	5.75m
5	Evans, Tony	St. Scholastica		5.68m

Men Triple Jump

	Name	School	Seed	Finals
Finals				
1	Drinkwine, Peter	St. Scholastica	12.98m	12.73m
2	Nelson, Donovan	Uw-River Falls		12.43m
3	Carlson, Benjamin	St. Scholastica	11.80m	11.23m
---	Jensen, Jake	St. Scholastica		FOUL

Men Shot Put

	Name	School	Seed	Prelims
Preliminaries				
1	Hussung, Logan	Unattached	15.30m	15.25m q
2	Jennings, Mark	Unattached	14.80m	14.68m q
3	Hayes, Griffin	Saint John's	14.19m	13.99m q
4	Vargason, Brian	Saint John's	14.65m	13.45m q
5	Fernow, Charlie	St. Scholastica	13.62m	13.32m q
6	Bennett, John	Unattached		13.26m q
7	Howard, John	St. Scholastica	13.95m	13.25m q
8	Lyscio, Tom	St. Scholastica	13.53m	13.20m q
9	Mann, Justin	St. Scholastica	13.18m	13.03m q

St. Olaf Tri - 1/28/2011**Manitou Field House****Results - St. Olaf Tri**

10	Ditsworth, Josh	St. Scholastica	12.84m	12.74m
11	Tykwinski, Benjamin	Uw-River Falls	14.70m	12.56m
12	Juba, Tim	Saint John's	13.09m	12.24m
13	Stelter, Kyle	Uw-River Falls	11.88m	11.99m
14	Nette, Derek	Uw-River Falls	12.24m	11.85m
15	Nystrom, Mark	St. Olaf		11.78m
16	Smith, Ethan	St. Olaf		11.69m
17	Doran, Christopher	St. Scholastica	11.74m	11.13m
18	Engel, Zeth	Uw-River Falls	10.66m	10.69m
19	Rengo, Kevin	Uw-River Falls	10.66m	10.51m
20	Calabrese, Carl	Uw-River Falls	10.76m	9.72m
21	Good, Zach	Uw-River Falls	10.05m	9.38m
---	Walrath, James	Uw-River Falls	13.35m	FOUL

Men Shot Put

	Name	School	Prelims	Finals
Finals				
1	Hussung, Logan	Unattached	15.25m	15.25m
2	Jennings, Mark	Unattached	14.68m	14.83m
3	Hayes, Griffin	Saint John's	13.99m	13.99m
4	Lyscio, Tom	St. Scholastica	13.20m	13.74m
5	Vargason, Brian	Saint John's	13.45m	13.71m
6	Fernow, Charlie	St. Scholastica	13.32m	13.32m
7	Howard, John	St. Scholastica	13.25m	13.25m
8	Bennett, John	Unattached	13.26m	12.82m
9	Mann, Justin	St. Scholastica	13.03m	12.30m

Men Weight Throw

	Name	School	Seed	Prelims
Preliminaries				
1	Hussung, Logan	Unattached	15.70m	16.43m q
2	Walrath, James	Uw-River Falls	16.15m	15.31m q
3	Hayes, Griffin	Saint John's	15.36m	15.28m q
4	Lyscio, Tom	St. Scholastica	15.50m	15.26m q
5	Juba, Tim	Saint John's	17.00m	14.81m q
6	Smith, Ethan	St. Olaf		13.18m q
7	Howard, John	St. Scholastica	13.58m	13.17m q
8	Ditsworth, Josh	St. Scholastica	12.97m	12.97m q
9	Nette, Derek	Uw-River Falls	13.41m	12.89m q
10	Fernow, Charlie	St. Scholastica	12.65m	12.84m
11	Loonan, John	Saint John's	13.48m	12.82m
12	Bennett, John	Unattached		12.49m
13	Tykwinski, Benjamin	Uw-River Falls	13.46m	12.28m
14	Vargason, Brian	Saint John's	14.00m	10.45m
15	Valle, Drew	St. Scholastica	10.76m	10.18m
16	Nystrom, Mark	St. Olaf		8.40m
---	Stelter, Kyle	Uw-River Falls	13.00m	FOUL

St. Olaf Tri - 1/28/2011
Manitou Field House
Results - St. Olaf Tri

Men Weight

	Name	School	Prelims	Finals
Finals				
1	Hussung, Logan	Unattached	16.43m	16.43m
2	Juba, Tim	Saint John's	14.81m	16.04m
3	Walrath, James	Uw-River Falls	15.31m	15.94m
4	Hayes, Griffin	Saint John's	15.28m	15.28m
5	Lyscio, Tom	St. Scholastica	15.26m	15.26m
6	Nette, Derek	Uw-River Falls	12.89m	14.35m
7	Smith, Ethan	St. Olaf	13.18m	13.18m
8	Howard, John	St. Scholastica	13.17m	13.17m
9	Ditsworth, Josh	St. Scholastica	12.97m	12.97m