

REQUIREMENTS FOR THE DANCE MAJOR

*** THE DANCE MAJOR IS FULFILLED WHEN THE REQUIREMENTS IN THIS DOCUMENT HAVE BEEN SUCCESSFULLY COMPLETED.***

1. **DANCE TECHNIQUE: 1.5 course equivalents selected from dance technique courses in modern, ballet, international and ballroom.**

Term _____	Year _____	105 The Beat Goes On (0.25)
Term _____	Year _____	106 Ballroom I (0.25)
Term _____	Year _____	108 American Dance: Native and Immigrant Traditions (0.25)
Term _____	Year _____	109 International Dance I: A Survey (0.25)
Term _____	Year _____	110 Fundamentally Dance (0.25)
Term _____	Year _____	111 Modern Dance I (0.25) Repeated _____ (Terms & Years)
Term _____	Year _____	115 Movement for the Performing Artist (0.50)
Term _____	Year _____	121 Ballet I (0.25) Repeated _____ (Terms & Years)
Term _____	Year _____	206 Ballroom II (0.25)
Term _____	Year _____	209 International Dance II: Selected Dance Cultures (0.25)
Term _____	Year _____	210 (0.50), 211 (0.25) Modern Dance II Repeated _____ (Terms & Years)
Term _____	Year _____	215 Power Play (0.25) Repeated _____ (Terms & Years)
Term _____	Year _____	220 (0.50), 221 (0.25) Ballet II Repeated _____ (Terms & Years)
Term _____	Year _____	301 Advanced Body Moveable (.50)
Term _____	Year _____	310 (0.50), 311 (0.25) Modern III Repeated _____ (Terms & Years)
Term _____	Year _____	320 (0.50), 321 (0.25) Ballet III Repeated _____ (Terms & Years)

2. **DANCE TECHNIQUE PROFICIENCY:** Dance majors must achieve proficiency in level II (preferably level III) in a primary technique area and proficiency in level I in a secondary technique area.

3. **DANCE THEORY: 6.5 course equivalents in the form of the following dance theory courses:** (*refer to cycle chart on last 2 pages for suggested four-year sequence of courses)

Term _____	Year _____	Dance-100, Introduction to Dance (1.0 [GE: ALS-A]) Offered annually-fall term-should be taken 1 st year.
Term _____	Year _____	Dance-124, World Dance Traditions (1.0 [GE: MCS-G, ALS-A]) Offered alternate interims. Should be taken 1 st or 2 nd year. Students with compelling reasons for not being able to take Dance 124 when it is offered may apply to the department chair for permission to substitute Dance 264. Prior approval is required.
Term _____	Year _____	Dance-201, The Body Moveable (.5 [GE: SPM-0.25]) Offered annually, each term. Ideally taken during spring term of 2 nd year.
Term _____	Year _____	Dance-231, Fundamentals of Choreography and Improvisation (1.0 [GE: ALS-A]) Offered annually, fall term. Should be taken 2 nd year.
Term _____	Year _____	Dance-232, Movement Analysis (1.0 [GE: WRI, ORC, ALS-A]) Offered annually, spring term.
Term _____	Year _____	Dance-246, Dance in America (1.0 [GE: MCS-D, WRI, ALS-A]) Offered annually, spring term. Should be taken after 1 st year.
Term _____	Year _____	Dance-399, Senior Dance Seminar (1.0) Must be taken fall of senior year.

4. **AREA OF SPECIALTY: Minimum of 2 additional course equivalents from within and/or outside the dance department.** In addition to the required core of courses, each dance major will design an individualized Area of Specialty, consisting of at least two additional courses related to a core dance theory course and selected from within and/or outside of the dance department.

The dance student's **Area of Specialty** leads to a **Senior Project**, which is completed in conjunction with **Dance-399** (Senior Dance Seminar: must be taken fall of senior year), and builds on the student's Area of Specialty.

Two courses in Area of Specialty:

1. _____

2. _____

Sample Specialties include but are not limited to:

- **Biology**
- **Economics**
- **History**
- **Body-Mind Studies** (If your Specialty includes Body-Mind Studies, you must take Dance-301, Advanced Body Moveable (offered alternating fall terms) during your 2nd or 3rd year.
- **Psychology**
- **Ethnology**
- **Nutrition**
- **Performance-Choreography** (If specialty includes Choreography, you must take Dance-374, Advanced Choreography (offered alternate spring terms) during your 2nd or 3rd year.
- **Dance Technology** (If your specialty includes any technology you must take Dance-150, Movement, the Camera and the Creative Process.

5. **COMPANY PARTICIPATION:** Majors are required to participate in one of the student dance companies (Companydance or Veselica) a minimum of three semesters. Participation must be planned in consultation with the dance faculty.

Term _____ Year _____ Company (Veselica or Companydance) _____

Term _____ Year _____ Company (Veselica or Companydance) _____

Term _____ Year _____ Company (Veselica or Companydance) _____

6. **BODY LAB:** Body Lab is an opportunity to fine tune movement skills and deepen one's understanding of body structure and function. This lab experience informs and enhances one's dancing ability and influences one's expressive potential. Dance majors need to complete **three semesters** of Body Lab or two semesters of Body Lab and one semester of private sessions with Sherry Saterstrom.

Term _____ Year _____ Term _____ Year _____ Term _____ Year _____

7. **DANCE TECHNICAL PRODUCTION:** Dance majors need to complete technical work on a minimum of ONE major dance production. This will count toward your technical hours.

Term _____ Year _____ Name of Production _____

It is strongly recommended that a selection of the following dance department electives and other supporting courses be taken

Term _____	Year _____	Dance-105, The Beat Goes On (.25 [GE: SPM]) Offered alternate spring terms.
Term _____	Year _____	Dance-109, International Dance I: A Survey (.25 [GE: SPM, ALS-A]) Offered once or twice a year.
Term _____	Year _____	Dance-209, International Dance II: Selected Dance Cultures (.25 [GE: SPM, ALS-A]) Offered every second or third year.
Term _____	Year _____	Dance-150- Movement, the Camera and the Creative Process (1.0 [GE: SPM, ALS-A]) Offered alternate interims. <u>Required if using technology in senior project or if Area of Specialty is Dance Technology.</u>
Term _____	Year _____	Dance-264-Movement and Dance as Cultural Expression (1.0 [GE: WRI, ORC, ALS-A]) Offered annually.
Term _____	Year _____	Dance-301-Advanced Body Moveable Offered alternative spring terms. <u>Required during 2nd or 3rd year if Area of Specialty includes Body-Mind Studies.</u>
Term _____	Year _____	Dance-374-Advanced Choreography (1.0 [GE: ALS-A]) Offered alternating spring terms. <u>Required during 2nd or 3rd year if Area of Specialty includes Choreography.</u>
Term _____	Year _____	Biology-123-Human Biology (1.0 [GE: NSC, NSL]) Offered annually.
Term _____	Year _____	Music-230-The Art of Music (1.0 [GE: ALS-A]) Offered spring term.
Term _____	Year _____	Music-237-World Music (1.0 [GE: MCS-G, ALS-A]) Offered fall term.
Term _____	Year _____	Theatre-250-Lighting and Sound-Design and Production (1.0 [GE: ALS-A]) Offered fall term.
Term _____	Year _____	Theatre-130-Introduction to Acting (1.0 [GE: ORC, ALS-A])
Term _____	Year _____	Art-239-Video Art Production (1.0 [GE: ALS-A])

CYCLE 1 / CYCLE 2

A few classes are only offered every other year. We are providing two alternate schedules on the next two pages depending on which year you enter as a first year student.

www.stolaf.edu/depts/dance
SUGGESTED 4-YEAR DANCE MAJOR SCHEDULE OF CLASSES

Cycle 1

(for example, first year students entering 2009-2010)

Other possibilities exist; please consult with a Dance Faculty Advisor.

(*Refer to front of form for GE attributes and terms courses are offered.)

	Fall	Interim	Spring
FIRST YEAR	___ Dance Technique ___ Dance-100-Introduction to Dance _____ _____ _____	___ Dance-124-World Dance Traditions (ideal option) _____ _____	___ Dance Technique _____ _____ _____ _____
SECOND YEAR	___ Dance Technique ___ Dance-231-Fundamentals of Choreography and Improvisation _____ _____ _____	___ Dance-150-Movement, the Camera and the Creative Process (elective) (ideal option) _____ _____	___ Dance Technique ___ Dance-201-The Body Moveable ___ Dance-246-Dance in America _____ _____ _____
THIRD YEAR	___ Dance Technique _____ _____ _____	___ Dance-124-World Dance Traditions (secondary option) _____ _____	___ Dance Technique ___ Dance-232-Movement Analysis ___ Dance-374-Advanced Choreography (elective) _____ _____ _____
FOURTH YEAR	___ Dance Technique ___ Dance-399-Senior Dance Seminar _____ _____ _____	___ Dance-150-Movement, the Camera and the Creative Process (elective) (secondary option) _____ _____	___ Dance Technique _____ _____ _____ _____

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SUGGESTED 4-YEAR DANCE MAJOR SCHEDULE OF CLASSES

Cycle 2

(for example, first year students entering 2008-2009)

Other possibilities exist; please consult with a Dance Faculty Advisor.

(*Refer to front of form for GE attributes and terms courses are offered.)

	Fall	Interim	Spring
FIRST YEAR	___ Dance Technique ___ Dance-100-Intro to Dance _____ _____ _____	___ Dance-150- Movement, the Camera and the Creative Process (elective) (ideal option)	___ Dance Technique _____ _____ _____ _____
SECOND YEAR	___ Dance Technique ___ Dance-231-Fundamentals of Choreography and Improvisation _____ _____ _____	___ Dance-124-World Dance Traditions (ideal option)	___ Dance Technique ___ Dance-201-The Body Moveable ___ Dance-246-Dance in America ___ Dance-374-Advanced Choreography (elective) _____ _____ _____
THIRD YEAR	___ Dance Technique _____ _____ _____ _____	___ Dance-150- Movement, the Camera and the Creative Process (elective) (secondary option)	___ Dance Technique ___ Dance-232-Movement Analysis _____ _____ _____ _____
FOURTH YEAR	___ Dance Technique ___ Dance-399-Senior Dance Seminar _____ _____ _____ _____	___ Dance-124-World Dance Traditions (secondary option)	___ Dance Technique _____ _____ _____ _____ _____