

**Yearlong Statement of Intention**  
**For St. Olaf College Dance Majors**  
(updated 9/2009)

<b>Due Date:</b>	
<b>Name:</b>	<b>Year:</b>

Dance, by its very nature, operates in a movement intensive environment. The dance department also believes it is vital to integrate experiences that utilize various ways of learning (verbal, logical, visual, rhythmic, interpersonal, intrapersonal, etc.) with our strong focus on developing the student's physical intelligence.

The dance department is committed to helping all students and especially dance majors recognize their abilities and achieve their maximum potential during their time at St. Olaf College and lifelong.

You have committed yourself to a dance major. This decision implies that you perceive yourself to be a dance artist, and that you will be creating and developing yourself more intentionally in that role during your time at St. Olaf College.

The Yearlong Statement of Intention is designed with the goal of encouraging dance majors each year to be as thoughtful, intentional and responsible for their own, individual journeys as members of the dance department and students of the College.

Please take some time to discuss the following four items as a group, jotting down your initial thoughts and points of interest. Then, take a few days to think more deeply about these items as they relate to your individual experiences and situation in the dance major. Further organize your thoughts by typing and submitting them to your faculty group leader.

A copy of your responses will be kept on file, for future reference, with the dance department. You are encouraged to keep a copy for yourself that is easily accessible for you to refer to and revise as the school year progresses.

If you would like to type your responses into the electronic *Statement of Intention* word document, you can download it from the 'Dance Majors' section of the Dance Department website:

<http://www.stolaf.edu/depts/dance/>. Be sure to download the 'word doc', not the 'pdf' file.

1. Within a movement intensive environment (a dance experience, for example), list or describe two specific areas in which you excel?
2. Outside of a movement intensive environment, list or describe two specific areas in which you excel?
3. Describe your dance major Area of Specialty. How do you specifically plan to go deeper or further in exploring your Area of Specialty this year?
4. List or describe two areas you would like to intentionally focus on for the upcoming year of study in dance. You are encouraged to be as specific as possible. The two 'intentions' should provide you with the opportunity for pursuing measurable growth.