

41ST ANNUAL CARL A. MELLBY LECTURE SERIES

Personal Narratives: How the Stories We Hear and Tell Shape Who We Are



THURSDAY / NOVEMBER 16
11:30 A.M. / VIKING THEATER

GRACE CHO
Professor of Psychology

1983-84

Lynn Steen, Mathematics

1984-85

Anne H. Groton, Classics
Harold H. Ditmanson, Religion

1985-86

Reidar Dittmann, Art and Norwegian
Devra Westover, Nursing

1986-87

Albert E. Finholt, Chemistry
Jo Fraatz (Beld), Political Science

1987-88

Samiha Sidhom Peterson, Sociology
Howard Hong, Philosophy

1988-89

Ted Johnson, Biology
Carol Holly, English

1989-90

Robert L. Nichols, History
Anantanand Rambachan, Religion

1990-91

Robert Jacobel, Physics
Ann Wagner, Dance

1991-92

George C. Helling, Sociology
Kathleen Fishbeck, Biology

1992-93

Valborg Tollefsrud, Nursing
Gwen Barnes-Karol, Spanish

1993-94

J. Patrick Dale, Political Science
John Maakestad, Art

1994-95

Anton Armstrong, Music
Kristina Huber (MacPherson), Library

1995-96

Fred Stoutland, Philosophy
Martha Wallace, Mathematics

1996-97

James May, Classics
Olivia Frey, English

1997-98

Eric D. Weitz, History
Wendy Allen, French

1998-99

Charles Huff, Psychology
Alice Hanson, Music

1999-2000

Ed Langerak, Philosophy
Mac Gimse, Art

2000-01

Eric S. Cole, Biology
James J. Farrell, History

2001-02

Nancy Paddleford, Music
Edmund Santurri, Religion and Philosophy

2002-03

Charles Taliaferro, Philosophy
L. DeAne Lagerquist, Religion

2003-04

David Wee, English
Amy Kolan, Physics

2004-05

Paul Humke, Mathematics
Jolene Jacobson Barjasteh, French

2005-06

Steve Reece, Classics
Gary Gisselman, Theatre

2006-07

Rich DuRocher, English
David Schodt, Economics

2007-08

Robert Entenmann, Asian Studies and History
Anne Walter, Biology

2008-09

Charles Wilson, Religion
Andrea Een, Music

2009-10

Karen Peterson Wilson, Theater
Paul Zorn, Mathematics

2010-11

Michael Leming, Sociology
Katherine Tegtmeyer Pak, Political Science
and Asian Studies

2011-12

Wendell Arneson, Art
Dave Van Wylen, Biology

2012-13

Jeanine Grenberg, Philosophy
Dan Dressen, Music

2013-14

León Narváez, Romance Languages
and Latin American Studies
Bruce Nordstrom-Loeb, Sociology

2014-15

Rebecca Judge, Economics and
Environmental Studies
Mary Titus, English

2015-16

Matthew Richey, Mathematics, Statistics,
and Computer Science
Karen Cherewatuk, English

2016-17

David Booth, Religion
Mary Griep, Art/Art History

2017-18

Diana Postlethwaite, English
Kathleen Shea, Biology
and Environmental Studies

2018-19

Jennifer Kwon Dobbs, English
and Race and Ethnic Studies
Paul Jackson, Chemistry
and Environmental Studies

2019-20

Christopher Chiappari, Sociology/Anthropology
and Latin American Studies
Jill Dietz, Mathematics, Statistics, and
Computer Science

2020-21

Charles Umbanhowar Jr., Biology and
Environmental Studies

2021-22

Ibtesam Al-Atiyat, Sociology
Gregory Walter, Religion

2022-23

Sharon Lane-Getaz, Statistics and Education

GRACE CHO



Grace Cho was born in Los Angeles, California, and grew up in San Jose and the larger Bay Area. Her parents immigrated to the United States from South Korea, and she maintains close ties with family in Korea, including her younger brother who is an English professor in Seoul.

Cho earned her bachelor's degree in psychology from the University of California at Santa Cruz. There she discovered her love for psychological research while working as an

undergraduate research assistant in Campbell Leaper's lab examining interpersonal emotion disclosure and in David Harrington's lab on the social ecologies of gifted adolescents. She then attended the University of Illinois at Urbana-Champaign (UIUC), receiving her master's and doctoral degrees in developmental psychology with minors in social and educational psychology.

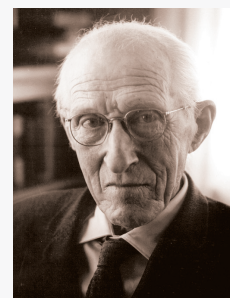
During graduate school, she worked with Peggy Miller to better understand sociocultural variations in childrearing beliefs, goals, and parent-child interactions, and their influence on children's development. Cho has published numerous articles on these topics, including comparative work across cultures and generations (such as parents and grandparents in Taiwan and the U.S.), social class, and gender.

Cho discovered her love of teaching and mentoring students at UIUC, and received three teaching awards. Her collaborative work with Miller on an in-depth, multi-method longitudinal study of young children's self-esteem development continued years beyond graduate school, culminating in the book *Self-Esteem in Time and Place: How American Families Imagine, Enact, and Personalize a Cultural Ideal*. Published in 2018 by Oxford University Press, this book was nominated for three book awards from professional societies, including the Eleanor Maccoby Book Award in Developmental Psychology (American Psychological Association) and the Stirling Prize for Best Published Work (Society for Psychological Anthropology).

Cho taught at Middlebury College in Vermont for three years prior to moving to Minnesota in 2008 to teach at St. Olaf College. At St. Olaf, her research has ranged from examining cross-cultural beliefs about children's emotional development and emotion regulation strategies, to examining gender differences in thematic content and emotional expressivity during parent-child storytelling, to analyzing multimedia representations of diverse families, to examining the emotional and self development of emerging adults. Her current project examines how emerging adults recollect and narrate the highs, lows, and meaningful events in their past and their associations with psychological well-being. Cho enjoys collaborating on research with undergraduates, supervising more than 75 students in her research lab during her tenure at St. Olaf, including numerous summer Collaborative Undergraduate Research and Inquiry (CURI) program researchers and TRIO McNair Scholars.

At home Cho enjoys watching cooking and baking competition shows and traveling with her partner, Jeremy. She loves to bake and decorate cookies and draw Pokémon with their two sons, Gabriel and Nicholas, and cuddle with their three cats, Lucy, Simba, and Kirby.

CARL MELLBY



In *High on Manitou*, William C. Benson called Carl Mellby "the father of the social sciences." In *History of St. Olaf College*, Joseph Shaw '49 noted the following:

"Dr. Mellby has been regarded as the dean of St. Olaf's teaching personnel, the prototype of the complete professor, competent, imaginative, congenial, and unaffected.

"His first interest was history, which he taught with phenomenal breadth and perception, lecturing in seemingly casual fashion on the cultural and social interactions of the Middle Ages, the Renaissance, and especially the modern history of Europe. Mellby also originated and taught the first courses in economics, sociology, political science, and history of art. He is credited with introducing one of the earliest marriage and family courses in the country. He was instrumental in starting the teacher placement bureau, and in 1910 he worked with St. Olaf President John Kildahl in making arrangements to begin the honor system in examinations.

"At one time or another Mellby also taught Greek, German, French, religion, and philosophy. He was acting president for one year and vice president for two years. He wrote the 50th anniversary history of the college, articles for church papers, historical sketches, and numerous resolutions and tributes when the right word was needed for the occasion."

The Faculty Life Committee of St. Olaf College acknowledges the accomplishments of Mellby, professor and administrator, 1901–49, by sponsoring a lecture series in his name. With this, the Faculty Life Committee also honors his successors among both the junior and senior St. Olaf faculty by inviting them at regular intervals to reflect on the significance of their own scholarly work and on developments in their chosen academic fields.