

EXPERIENTIAL LEARNING . . .

an essential component of your college experience.

What is experiential learning?

Experiential learning is any opportunity that allows you to *live your learning* by applying textbook knowledge to real-life experiences.

Experiential learning can happen right here on campus through:

- > work study
- > co-curricular activities
- > volunteer activities
- > service learning
- > research in your academic area

Experiential learning can also take place through:

- > externships (shadow experiences)
- > mentor experiences
- > internships
- > summer jobs
- > entrepreneurial involvements

Why is it important?

Experiential learning allows you to develop transferable skills and test out whether a specific career path is for you.

Supplementing your academics with applied experience is the best way to show future employers and admissions personnel that you have the skills needed to succeed on the job and in graduate school!

L. E. A. P.

into action

LEARN

Suggested Activities:

- > Drop into the CEL
- > Talk to peer advisors and staff
- > Check out the CEL resource center
- > Hop on the CEL web site:
www.stolaf.edu/services/cel/
- > Start thinking about experiential learning activities NOW

ACT

Suggested Activities:

- > Create a resume
- > Conduct informational interviews
- > Complete an internship
- > Establish a network of contacts

EXPLORE

Suggested Activities:

- > Explore potential majors
- > Engage in co-curricular and volunteer activities
- > Participate in an externship (a short-term shadow experience)
- > Connect with a mentor

PURSUE

Suggested Activities:

- > Evaluate career options
- > Refine your tools (resume, cover letter, vitae, essays) and skills (networking, interviewing)
- > Create an implementation plan for reaching your goals
- > Actively pursue graduate school, volunteer or employment options

HOW DO I GET STARTED?

Use this planner to outline experiential learning activities that will help you meet your goals. Set a target date for each activity to help you follow through.

The CEL staff is available to assist you with any of these activities. Please feel free to contact us:

By phone: x3268

On the web: www.stolaf.edu/services/cel/

E-mail: experience@stolaf.edu

MY EXPERIENTIAL LEARNING ACTIVITIES

LEARN:

Target Date

- ✓ _____
- ✓ _____
- ✓ _____
- ✓ _____
- ✓ _____

EXPLORE:

Target Date

- ✓ _____
- ✓ _____
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- ✓ _____
- ✓ _____

ACT:

Target Date

- ✓ _____
- ✓ _____
- ✓ _____
- ✓ _____
- ✓ _____

PURSUE:

Target Date

- ✓ _____
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- ✓ _____