

Karen P. Nurse

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EDUCATION

St. Olaf College, Northfield, MN

Major: Nursing

Concentration: Bio-Medical Studies

Honors: Dean's List (Fall 2006-current), Honor's Day Recipient (Spring 2005-current), Member of *Sigma Theta Tau* Nursing Honor Society, Nursing Class Student Representative (Fall 2006-Fall 07)

Bachelor of Arts to be awarded May 2008

Cumulative GPA: 3.72

ABROAD EXPERIENCE

Nursing 299: Transcultural Care in Tanzania, Africa

January 2008

An immersion experience that provided a deeper understanding of cultural and social factors of Tanzania, using the Theory of Cultural Care and the Sunrise Model of Madeleine Leininger. Focused on the vocation of nursing and provided primary care and teaching in rural healthcare dispensaries.

LICENSURE

Applied to the Minnesota Board of Nursing for licensure as a registered nurse and will complete the National Council Licensure Examination-Registered Nurse (NCLEX-RN) after graduation.

CLINICAL EXPERIENCE

Abbott Northwestern Hospital, Minneapolis, MN

Spring 2007, Spring 2008

Developed professional nursing skills by applying principles of nursing to care for patients of the Oncology and Cardiology population. Worked with Neuroscience staff nurse preceptors, assumed increasing responsibility in managing the care of a group of patients. Observed and participated in the leadership of the Neuroscience unit by completing shifts with charge nurse and nurse clinical educator.

Children's Hospital, Minneapolis, MN

Spring 2007

Practiced and refined basic assessment skills by caring for children undergoing general medical and surgical treatment

Methodist Hospital, St. Louis Park, MN

Fall 2007

Cared for women, family, and neonates of antepartum, intrapartum, postpartum. Performed maternal assessment, monitored mother and fetal status, and encouraged and supported families.

Northfield Hospital, Northfield, MN

Fall 2006

Listened and cared for patients of the Medical Surgical unit. Sought observation of and experience in nursing assessment and treatment. Gained confidence and independence in nursing skills.

Steele County Public Health, Owatonna, MN

Fall 2007

Promoted health and implemented primary intervention in the community by providing home health nursing services, assisting with immunization clinics and early childhood screenings.

Three Links Care Center, Northfield, MN

Fall 2006 – Spring 07

Developed communication skills by interacting with geriatric residents and nursing staff.

Veterans Affairs Medical Center, Minneapolis, MN

Spring 2007

Increased understanding of human behavior and developed skills to care for individuals with disturbed patterns of behavior and communication. Participated in Partial Psychiatric Hospital (PPH) activities and interacted with veterans with mental illnesses such as schizophrenia, post traumatic stress disorder, bipolar, depression, and alcohol or substance abuse.

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RELATED EXPERIENCE

Gillette Children's Specialty Healthcare, St. Paul, MN Summer 2007
Nurse Intern. Developed nursing skills specific to children with special needs and disabilities in the Intensive Care Unit. Provided personal cares, listened to patients and families, and worked together with other healthcare professionals.

HealthFinders, Dundas, MN Spring 2007-current
Volunteer Coordinator. Provide health assistance to a rural Spanish speaking population of lower socioeconomic status. Meet weekly with the "Pura Vida" program, a small group that focuses on the importance of a balanced diet and exercise in daily living. Discuss with clients their diabetic and weight management status.

Good Samaritan Society, Albert Lea, MN Summer 2004-Summer 2006
Certified Nursing Assistant. Provided personal care and assisted residents with their activities of daily living. Dietary Assistant. Planned, served and assessed meals for resident's dietary needs. Provided and maintained a sanitary environment.

WORK EXPERIENCE

Front Desk Receptionist, St. Olaf College, Northfield, MN Fall 2004-current
Interacted and greeted students and families in order to help answer their questions or concerns.

SSS Advisor, St. Olaf College, Northfield, MN Fall 2004-current
Represented SSS students in organizing monthly events, addressing concerns and answering questions.

Biology Teachers Assistant, St. Olaf College, Northfield, MN. 2006-2007
Advised and inspired students in the subject of General Biology and Anatomy and Physiology. Cooperated with other students and professors to lead study/review sessions for students and dissect human cadaver. Also, tutored, mentored and demonstrated academic skills.

VOLUNTEER & EXTRA-CURRICULAR ACTIVITIES

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| Collegiate Choral | 2004-05 |
| Church Volunteer | 2004-05 |
| Hall Council (Floor Representative) | 2005-06 |
| Education Talent Search (ETS) mentor | 2005-06 |
| JV Collegiate Soccer | 2005-current |
| Relay for Life Team Member | 2005-current |
| Junior Counselor of Residence Hall | January 2007 |