

Karen P. Nurse

nurse@stolaf.edu

1500 St. Olaf Avenue • Northfield, MN 55057 • (507) 111-2222
800 Tree Street • Mankato, MN 56001 • (507) 444-5555

EDUCATION

St. Olaf College, Northfield, MN

Major: Nursing

Concentration: Bio-Medical Studies

Honors: *Sigma Theta Tau* Nursing Honor Society (Spring 2010-Current), Nursing Student Representative (Fall 2010-Fall 2011), Dean's List (Fall 2010-Current), Honor's Day Recipient (Spring 2009-Current)

Bachelor of Arts: May 2012

Cumulative GPA: 3.72

LICENSURE

Applied to the Minnesota Board of Nursing for licensure as a registered nurse and will complete the National Council Licensure Examination-Registered Nurse (NCLEX-RN) after graduation.

ABROAD EXPERIENCE

Nursing 299: Transcultural Care in Tanzania, Africa

January Interim 2012

Focused on the vocation of nursing and provided primary care and teaching in rural healthcare dispensaries. Enhanced understanding of the Theory of Cultural Care and the Sunrise Model of Madeleine Leininger. Fully immersed in the culture which provided a deeper understanding of cultural and social factors of Tanzania.

CLINICAL EXPERIENCE

Abbott Northwestern Hospital, Minneapolis, MN

Spring 2011, 2012

Developed professional nursing skills by applying principles of nursing to care for patients of the Oncology and Cardiology population. Worked with Neuroscience staff nurse preceptors, assumed increasing responsibility in managing the care of a group of patients. Observed and participated in the leadership of the Neuroscience unit by completing shifts with charge nurse and nurse clinical educator.

Children's Hospital, Minneapolis, MN

Spring 2011

Practiced and refined basic assessment skills by caring for children undergoing general medical and surgical treatment.

Methodist Hospital, St. Louis Park, MN

Fall 2011

Cared for women, family, and neonates of antepartum, intrapartum, postpartum. Performed maternal assessment, monitored mother and fetal status, and encouraged and supported families.

Steele County Public Health, Owatonna, MN

Fall 2011

Promoted health and implemented primary intervention in the community by providing home health nursing services, assisting with immunization clinics and early childhood screenings.

Three Links Care Center, Northfield, MN

Fall 2010 – Spring 2011

Developed communication skills by interacting with geriatric residents and nursing staff.

Veterans Affairs Medical Center, Minneapolis, MN

Spring 2011

Increased understanding of human behavior and developed skills to care for individuals with disturbed patterns of behavior and communication. Participated in Partial Psychiatric Hospital (PPH) activities and interacted with veterans with mental illnesses such as schizophrenia, post traumatic stress disorder, bipolar, depression, and alcohol or substance abuse.

Northfield Hospital, Northfield, MN

Fall 2010

Listened and cared for patients of the Medical Surgical unit. Sought observation of and experience in nursing assessment and treatment. Gained confidence and independence in nursing skills.

Karen P. Nurse

Page 2

OTHER RELATED EXPERIENCE

- Volunteer Coordinator, HealthFinders, Dundas, MN** Spring 2011-Current
Provide health assistance to a rural Spanish speaking population of lower socioeconomic status. Meet weekly with the “Pura Vida” program, a small group that focuses on the importance of a balanced diet and exercise in daily living. Discuss with clients their diabetic and weight management status.
- Nurse Intern, Gillette Children’s Specialty Healthcare, St. Paul, MN** Summer 2011
Developed nursing skills specific to children with special needs and disabilities in the Intensive Care Unit. Provided personal cares, listened to patients and families, and collaborated with other healthcare professionals.
- Certified Nursing Assistant, Good Samaritan Society, Albert Lea, MN** Summer 2008-Summer 2010
Provided personal care and assisted residents with their activities of daily living.
- Dietary Assistant, Good Samaritan Society, Albert Lea, MN** Summer 2008-Summer 2010
Planned, served and assessed meals for resident’s dietary needs. Provided and maintained a sanitary environment.

WORK EXPERIENCE

- Front Desk Receptionist, Office of Residence Life, St. Olaf College** Fall 2008-Current
Interacted with and greeted students and families in order to help answer their questions or concerns.
- Advisor, Student Support Services (SSS), St. Olaf College** Fall 2008-Current
Represented SSS students in organizing monthly events, addressing concerns and answering questions.
- Teacher’s Assistant, Biology Department, St. Olaf College** Fall 2010-Spring 2011
Advised and inspired students in the subjects of General Biology and Anatomy and Physiology. Cooperated with other students and professors to lead study/review sessions for students and dissect human cadaver. Tutored, mentored and demonstrated academic skills.

LEADERSHIP & EXTRA-CURRICULAR ACTIVITIES

- Team Member, JV Collegiate Soccer, St. Olaf College** Fall 2009-Current
- Team Member, Relay for Life, St. Olaf College** Spring 2009-Current
- Junior Counselor, Office of Residence Life, St. Olaf College** January Interim 2011
- Hall Council Representative, Mohn Hall, St. Olaf College** Fall 2009-Spring 2010
- Mentor, Education Talent Search (ETS), St. Olaf College** Fall 2009-Spring 2010
- Member, Collegiate Choral, St. Olaf College** Fall 2008-Spring 2009
- Volunteer, Boe Memorial Chapel, St. Olaf College** Fall 2008-Spring 2009