

Rehab A. Injury

1520 St. Olaf Ave., Northfield, MN 55057, (507) 644-4444, injury@stolaf.edu

EDUCATION:

Bachelor of Arts: Biology, Biomedical Studies Concentration
St. Olaf College Northfield, MN

Expected Graduation: May 2010
GPA: 3.32/4.00

PHYSICAL THERAPY EXPERIENCE:

Intern, Lifestyle Therapies Clinic, Manly, Queensland, Australia June -August 2009
Observed techniques and assessments and researched literature on a product called Q Magnets. Organized and synthesized information for the Mind Body Spirit Expo. Assembled an assessment sheet for therapists and created a handout for patients regarding orthotics. Operated the GaitScan for patient assessments, assembled exercise cards for the patients, and assisted Honor's students in research.

Intern, Minnesota Sport and Spine Rehabilitation Clinic, Burnsville, MN January 2008
Observed assessments of new patients as well as treatment and exercises of returning patients. Communicated with patients to gain a better understanding of client needs. Maintained detailed journal of the types of injuries and therapeutic exercises observed, and completed a paper summarizing experiential learning.

RESEARCH EXPERIENCE:

Research Laboratory Assistant, Saint Olaf College, Northfield, MN 2007-Present
Assist with research experiments by preparing agarose gels for gel electrophoresis, extracting DNA, conducting gel electrophoresis, preparing Neff media and sterilizing it in the autoclave, and preparing and autoclaving tip boxes. Wash and clean lab equipment for experiments. Organize shelves and laboratory space.

Undergraduate Research Fellow and Lab Assistant, Mayo Clinic, Rochester, MN Summer 2007
Completed experiments called aldosterone tests on patient samples and analyzed the data. Organized freezers and used Excel to document the samples in the freezer.

VOLUNTEER AND COMMUNITY INVOLVEMENT:

Co-President and Member, Spread the Hope, St. Olaf College, Northfield, MN 2007-Present
Educate students about different types of cancer prevention and organize a food and book drive for the Ronald McDonald House. Create gifts for children at the Ronald McDonald's House.

Volunteer, St. Olaf's Volunteer Network, St. Olaf College, Northfield, MN 2006-2007
Participated in Ole Spring Relief by traveling to Biloxi and New Orleans. Guttered out buildings to aid in the Hurricane Katrina relief effort.

Volunteer, Up 'Til Dawn, St. Olaf College, Northfield, MN 2006
Addressed fifty letters to friends and family and asked for donations to St. Jude's Hospital.

WORK EXPERIENCE:

Student Worker, Pause Kitchen, Saint Olaf College, Northfield, MN 2006- 2007
Developed teamwork and time management skills while preparing and promptly delivering food. Utilized customer service skills and trained new employees.

Retail Salesperson, Champs Sports, Rochester, MN Summer 2006
Worked the cash register, folded and organized clothes racks and tables, and organized the shoe wall. Communicated with co-workers and assisted with customer needs.

ACTIVITIES:

Member, St. Olaf Women's Rugby, St. Olaf College 2009-2010
Team Captain and Member, Relay for Life, St. Olaf Cancer Connection 2008-2009
Member, Fellowship of Christian Athletes, St. Olaf College 2006-2009
Member, Varsity Basketball, St. Olaf College 2006-2009

SCHOLARSHIPS:

Clausen Scholarship, 2009
Dr. & Mrs. Noel Tosseland Scholarship, 2009
St. John's Lutheran Church, 2006-2009
St. Olaf Scholarship, 2006-2010