



by *Pastor Bruce Benson, host*

The Jewish custom of beginning a new day in the evening – Sabbath and Holy Day Observances start at sundown – has a lot to recommend it. It is a way of approaching time that serves well the large concerns of faith and life, and also the more specific concerns of things as ordinary as singing and how we think about November and the beginning of winter. The origin of this custom is lost somewhere in the long shadows of early Semitic culture. No one can say if it began as a way to conform to the book of Genesis that tells the story of creation by saying, “There was evening and there was morning, the first day,” or if it was the other way around. That is, did the earliest tellers of the oral stories, which eventually became the first chapters of Genesis, reflect a cultural practice already in place? It doesn’t really matter; it is a practice worth noting.

Consider what it says about rest and life, for example. The arrival of evening is not so much a signal that the work day can now end and we rest from that work, but more as a signal that another day is arriving and we need to strengthen ourselves – with food, refreshment, rest – for the upcoming day. Only that way will we be ready, come morning, to live with vitality and attentive-ness. This is a lesson that college students learn only slowly, if ever. No matter how many research studies (and how many parental reminders!) tell them that a good night’s sleep is crucial to good academic work, they still think they should stay up all night studying. According to the Jewish reckoning, first we take proper rest and renewal, then we can do proper work.

This way of thinking can make the month of November less dreary, and it can invigorate good singing – something we care about at Sing For Joy. The usual understanding of November is that it is the bleak and gloomy end of something. The burst of life in spring has slowed to a stop; the grand lushness of summer is gone; the rich bounty of autumn harvest and the amazing colors of the season . . . all gone. Done. Real life is over for another year. But not if what the earth does is rest up for another go at summer’s glory. Then November and the impending winter are important steps in the goodness to come.

It is like that for singers too. Of course, a good breath of inhaled air is necessary after singing a long phrase, but necessary for what? Ah, for singing the next phrase! Composers and choir directors put breath marks into their scores to tell singers that they need to breathe here in order to make it through the next line.

Singing and seasons remind us of our days: we don’t breathe because we have been singing, we breathe in order to sing more. Winter doesn’t arrive to kill off one summer, but to renew the earth for another summer to come. We don’t rest in the evening because we have been working, but in order to be fresh and ready to live and work again. Singing and breathing, even gray November and regular bedtimes, can remind us that the Holy Spirit is a spirit of hope, always calling us onward.

Peace be with you,



November 7, 2010**Time after Pentecost — Lectionary 32, All Saints Sunday, Year C**

(1R) Daniel 7:1–3, 15–18
(PS) Psalm 149
(2R) Ephesians 1:11–23
(G) Luke 6:20–31
(AS) All Saints Sunday

For All The Saints (SINE NOMINE) – Ralph Vaughan Williams,
arr. John Ferguson (AS)
Combined Lutheran Choirs: Minneapolis, MN /
Anton Armstrong
(CD) *When in Our Music: A Hymn Festival* / ALCM / CS-1
© 1994 Association of Lutheran Church Musicians,
P.O. Box 16575, Worcester, MA 01601
www.alcm.org

Jesu, The Very Thought of Thee (ST. BOTOLPH) – Gordon Slater,
arr. Paul Halley (AS)
Choir of St. John's Church: Elora, Canada / Noel Edison
(CD) *Faire is the Heaven: Hymns and Anthems* /
NAXOS / 8.557037
© 2003 Naxos of America, Inc.,
416 Mary Lindsay Polk Drive, Suite 509,
Franklin, TN 37067
www.naxos.com

Ye Watchers and Ye Holy Ones (LASST UNS ERFREUEN) –
Geistliche Kirchengesänge (1R)
The Westminster Choir: Princeton, NJ /
Joseph Flummerfelt
(CD) *Favorite Hymns and Anthems* / GOTHIC / G 49044
© 1990 Gothic Records, Inc.,
P.O. Box 689, Everett, WA 98201
www.gothicrecords.com

In Our Day of Thanksgiving (ST. CATHERINE'S COURT) –
Richard Strutt (AS)
Saint Clement's Choir: Philadelphia, PA / Peter Richard Conte
(CD) *Hymns of Heaven and Earth* / DORIAN / DOR-90259
© 1998 Dorian Recordings, c/o Sono Luminus,
328 Independence Drive, Winchester, VA 22602
www.dorian.com

Faire is the Heaven – Sir William H. Harris (AS)
The Choir of Clare College: Cambridge: England /
Timothy Brown
(CD) *Blessed Spirit* / COLLEGIUM / COLCD 127
© 1988 Collegium Records USA
P.O. Box 31366, Omaha, NE 68131
www.collegiumusa.com

Hark, I Hear The Harps Eternal (INVITATION) –
American Traditional, arr. Robert Shaw & Alice Parker (AS)
West Coast Mennonite Chamber Choir:
Vancouver, B.C., Canada / Tony Funk
(CD) *As Evening Shadows Fall* / MCC SCS / IKR 010 CD
© 2000 MCCSCS,
103-2776 Bourquin Cres. West Abbotsford BC,
V2S 6A4, Canada
www.mccscs.com

November 14, 2010**Time after Pentecost — Lectionary 33, Year C**

(1R) Malachi 4:1-2a
(PS) Psalm 98
(2R) 2 Thessalonians 3:6-13
(G) Luke 21:5-19

My Lord, What a Mornin' – African American Spiritual,
arr. Harry T. Burleigh (1R, G)
The Dale Warland Singers – Minneapolis, MN / Dale Warland
(CD) *Blue Wheat* / ACC / ACC 122
© 1996 American Choral Catalog, Ltd.
www.dalewarlandsingers.org

Come, Healing Light – Robert Scholz (1R)
The St. Olaf Viking Chorus / Robert Scholz
(CD) *Ris'n With Healing in His Wings* /
ST. OLAF RECORDS / E-2564
© 2002 St. Olaf Records, Northfield, MN 55057
www.stolafrecords.com

Christ, Whose Glory Fills the Skies – Gerald Knight (1R)
St. Bartholomew's Senior Choristers: New York, NY /
Vincent H. Edwards
(CD) *"Sing in Exultation!"* / PRO ORGANO / CD 7150
© 2001 The Zarex Corp., P.O. Box 8338, South Bend, IN 46660
www.zarex.com

"O salutaris hostia" from Quatre Motets, Op. 9 – Marcel Dupré
(G) / The Choir of Westminster Cathedral: London, England /
James O'Donnell
(CD) *Vierne, Widor, Dupré: Masses and Motets* / HYPERION /
CDA66898 / © 1997 Hyperion Records Limited,
P.O. Box 25, London, England SE9 1AX
www.hyperion-records.co.uk

Psalm 98 – J. Marcus Ritchie (PS)
Parish Choirs of St. Paul's Parish, K Street: Washington, D.C. /
Jeffrey Smith
(CD) *Show Yourselves Joyful* / PRO ORGANO / CD 7068
© 1997 The Zarex Corp., P.O. Box 8338, South Bend, IN 46660
www.zarex.com

Hark! The Herald Angels Sing (MENDELSSOHN) – Felix Mendelssohn,
arr. David Willcocks (1R)
Choir of Saint Thomas Church: New York, NY / John Scott
(CD) *Christmas on Fifth Avenue* / PRO ORGANO / CD 7200
© 2005 Zarex Corp., P.O. Box 8338, South Bend, IN 46660
www.proorgano.com

Join us... On Air or Online!

Many listeners hear *Sing For Joy* broadcast over their favorite radio stations. Did you know that you can also listen to our current and archived programs anywhere, anytime you have an internet connection? Join us at www.singforjoy.org/listeners

November 21, 2010

Last Sunday after Pentecost, – Lectionary 34, Christ the King,
Year C

- (1R) Jeremiah 23:1-6
(PS) Psalm 46
(2R) Colossians 1:11-20
(G) Luke 23:33-43
(T) Thanksgiving

All Hail the Power of Jesus' Name (MILES LANE) –

William Shrubsole, arr. Ralph Vaughan Williams (2R)
Massed Choirs of St. Olaf College,
The St. Olaf Orchestra / Steven Amundson
(CD) *For God So Loves the World* /
ST. OLAF RECORDS / E-2939-40
© 2006 St. Olaf College, Northfield, MN 55057
www.stolafrecords.com

Christus Paradox (PICARDY) – French Processional,

arr. Alfred V. Fedak (T)
Massed Choirs of St. Olaf College, The St. Olaf Orchestra /
John Ferguson
(CD) *For God So Loves the World* /
ST. OLAF RECORDS / E-2939-40
© 2006 St. Olaf College, Northfield, MN 55057
www.stolafrecords.com

Rejoice, the Lord is King (DARWALL'S 148) – John Darwall,

anthem by Bryan Kelly (2R)
South Church Chancel Choir: New Britain, CT /
Richard Coffey
(CD) *Choral Settings of Great Hymns* /
ARKAY RECORDS / AR6156
© 1996 South Church, 90 Main Street, New Britain, CT 06051
www.southchurch.org

To Jesus Christ, Our Sovereign King (ICH GLAUB AN GOTT) –

Mainz Gesangbuch (G) /
GIA Publications Choir
(CD) *Catholic Classics, Volume 2* /
GIA PUBLICATIONS / GIA CD-376
© 1996 GIA Publications, Chicago, IL 60638
www.giamusic.com

For the Beauty of the Earth (LUCERNA LAUDONIAE) –

David Evans (PS, G, T)
The Choir of Wells Cathedral / Malcolm Archer
(CD) *Hills of the North, Rejoice: The English Hymn Vol. 3* /
HYPERION / CDP12103
© 2002 Hyperion Records Limited,
PO Box 25, London, England SE9 1AX
www.hyperion-records.co.uk

For the Beauty of the Earth – John Rutter (PS, G, T)

Choirs of St. John's Episcopal Cathedral: Denver, CO /
Donald Pearson
(CD) *Sing We Merrily* / DELOS / DE 3125
© 1991 Delos International, Inc.,
1645 N. Vine Street, Suite 340, Hollywood, CA 90028
www.delosmusic.com

November 28, 2010

First Sunday of Advent, Year A

- (1R) Isaiah 2:1-5
(PS) Psalm 122
(2R) Romans 13:11-14
(G) Matthew 24:36-44

Wake, Awake (WACHET AUF) – Philipp Nicolai,

arr. F. Melius Christiansen (2R, G)
The St. Olaf Choir / Kenneth Jennings
(CD) *Sing For Joy* / ST. OLAF RECORDS / E-269
© 1991 St. Olaf Records, St. Olaf College, Northfield, MN 55057
www.stolafrecords.com

I Was Glad – Sir C. Hubert H. Parry (PS)

Choir of Clare College: Cambridge / Timothy Brown
(CD) *Rejoice! British Choral Music* / REGIS / RRC1040
© 1995 Regis Records Ltd., Southover House, Tolpuddle,
Dorchester, Dorset, United Kingdom DT2 7HF
www.regisrecords.co.uk

I Was Glad When They Said Unto Me – Frank Ferko (PS)

The American Repertory Singers: Washington, D.C. / Leo Nestor
(CD) *Sounding Joy* / ARSIS / CD 105
© 1996 Arsis Audio, 138 Ipswich Street, Boston, MA 02215
www.arsisaudio.com

Lo! He Comes with Clouds Descending (HELMSLEY) –

Thomas Olivers, arr. Christopher Robinson (1R, 2R, G)
Choir of St. John's College: Cambridge, England / David Hill
(CD) *Christmas at St. John's College, Cambridge* /
HYPERION / CDA67576 / © 2006 Hyperion Records Limited,
PO Box 25, London, England SE9 1AX
www.hyperion-records.co.uk

Walk in the Light – Traditional, arr. André Thomas (G)

St. Olaf Cantorei / John Ferguson /
(CD) *Songs of Grateful Praise* /
ST. OLAF RECORDS / E-2880 /
© 2006 St. Olaf Records / St. Olaf College, Northfield, MN 55057
www.stolafrecords.com

Thank you for Sharing the Joy!

With our fall fundraising effort now underway, we are ever grateful for the many offerings of support you send each year; thanks to your generosity, the unique message and music of *Sing For Joy* is shared in your neighborhood and around the world.

"I am a long time listener and supporter of your ministry. Thank you for showcasing great choral works in your radio ministry all these years." – *Sing For Joy* listener

To help continue *Sing For Joy*, please send your gifts to:
"Sing For Joy, St. Olaf College, 1520 St. Olaf Avenue,
Northfield, MN 55057." Or to give securely online, click
"support *Sing For Joy*" at: www.singforjoy.org/listeners

Sing For Joy

**Sing For Joy
is sponsored by:**



Sukup Manufacturing Co.
641-892-4222 sukup.com



St. Olaf College
507-786-8596
stolaf.edu

*and faithful listeners
like you.*

Visit singforjoy.org
to find out where you
can hear *Sing For Joy*
in your area. You can
also listen to complete
programs online.

Thank you for your gifts!

In Honor Of:

Priscilla Andreae,
to celebrate our 20th Wedding Anniversary

Eleanor Bruffey

In Loving Memory Of:

Edward Burns McLean

Patti Prillaman



NOVEMBER 2010 / YEAR C

**Sing For Joy is a
production of
St. Olaf College.**



Sing For Joy staff:
W. Bruce Benson
Host
John Ferguson
Music Adviser
Jeffrey O'Donnell
Producer and Music Director
Joshua Wyatt
Associate Producer
Miriam Mueller
Communications Coordinator

Website: singforjoy.org
Email: singforjoy@stolaf.edu
Phone: 507-786-8596

Sing For Joy
St. Olaf College
1520 St. Olaf Avenue
Northfield, mn 55057



Address Service Requested

Non-profit Org.
U.S. Postage
PAID
St. Olaf College