

Fall 2008/Winter 2009

Contents

Poland: In the Footsteps of Famous Poles	1
Culinary Italy	2
Western Japan and the Inland Sea	3
Discovering Historical Paris	4
Peru: People, Places and Poverty	5
Religions, Rocks and Ages: Turkey, Jordan and Israel/Palestine	6
Contemporary South Africa: Culture, Identity and Liberation	6
Request and Reservation Form	7
Study Travel in 2010	8

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POLAND: IN THE FOOTSTEPS OF FAMOUS POLES

Program leaders: Kent McWilliams, associate professor of music, and Renata Debska-McWilliams, director of the World Languages Center

July 11–28, 2009

Pianist Kent McWilliams moved to Poland for a year while researching his doctoral thesis, “Polish Folk Influences in the Mazurkas of Chopin.” Kent’s wife, Renata Debska-McWilliams was much luckier — she was born in that colorful country that bridges East and West, modern and historic. During regular trips to Poland, Renata and Kent have had the opportunity to observe the dynamic political, economic and cultural changes that have shaped Polish daily life over the last decades. Their family and friends have given them an inside view of contemporary Poland.

It is this insider’s view of Poland that Kent and Renata wish to share with you. Explore the rich cultural heritage of Poland. Examine the significant contributions of famous Poles such as Chopin, Copernicus, Madame Curie, Lech Wałęsa, Pope John Paul II and Nobel Prize winners Milosz, Szymborska and Reymont. Listen to great music, read great literature, experience the places where events of world significance occurred and view contemporary life in a vibrant European country.

Prepare to experience:

- **Krakow**, Renaissance gem, UNESCO World Heritage site, heart of Polish culture, and the only major city in Poland to survive World War II essentially intact
- **Warsaw**, capital of Poland and center of the Polish economic boom
- **Gdansk**, birthplace of the Solidarity movement that eventually led to the end of the communist era in Eastern Europe
- **Hel** – yes, we will indeed visit Hel! — A popular beach resort on the Baltic coast.

Musical events to enjoy:

- Piano recital of Fryderyk Chopin’s music in Warsaw’s Lazienki Park as well as a visit to the great pianist’s birthplace
- Recital at the Oliwa International Organ Festival, location of the oldest organ in Poland

Program Leaders

Kent is associate professor of music at St. Olaf, and Renata is the director of St. Olaf’s World Languages Center. Kent’s studies were at the University of Toronto, the University of Montreal and the Music Academy of Stuttgart, Germany. Renata started her studies at the University of

(Continued on page 5)

CULINARY ITALY

Program leaders: Eric Lund, director of International and Off-Campus Studies and professor of religion, and Cynthia Wales Lund, special collections librarian, Hong Kierkegaard Library

July 24–Aug. 2, 2009

Centuries after the fall of the Roman Empire, the Italians have conquered the world again. Across the globe, Italian food reigns as a popular favorite. At minimum, this means pizza, parmesan or pasta, but in the U.S. and elsewhere people have discovered the tasty Italian secrets of cooking with extra virgin olive oil or balsamic vinegar. Many of us savor bruschetta or biscotti, gnocchi or gelato, tiramisu or tartufi (truffles). We take delight in drinking Chianti or Pinot Grigio. And then there is Italy's gift to the world of coffee: espresso and its delicious variations including cappuccino and caffè latte.

Study and savor Italian cuisine at its best. We will go to areas where some of the best wines are made and learn how food artisans prepare some of the key ingredients of Italian cooking. Since this is experiential education, we will try our own hand at creating some classic Italian dishes under the guidance of expert chefs.

In Italian fashion, this program will be a multi-course meal. Not only will we enjoy food, we will learn about the role food plays in Italian culture. A famous chef once said, "Tell me what you eat, and I'll tell you who you are." When and how people eat tells us something about their values and lifestyles. We will explore the changing history of Italian food. (Do you know that Italians never tasted tomatoes or coffee before the Renaissance?) We will talk about daily life in Italy through the ages. We will compare and contrast life in the big cities of Rome and Florence with life in small towns like Orvieto, which retains a medieval flavor.

Program Leaders

Eric Lund, director of International Studies and professor of religion at St. Olaf, has savored delicious food during

his 16 trips to Italy, and he tries to recreate some of these memorable dishes when he returns home. During this program, he will share his knowledge of Italian history and integrate the food theme with explorations of art and religion. The program will include visits to some of the best-known historical sites, churches and museums in Rome, Florence and Orvieto. Eric will also introduce the group to a few of the more obscure curiosities he has discovered during prior visits.

Eric has been taking students to Italy since 1981 and has taught Study Travel courses in Italy, Germany and Turkey. He will be accompanied by his wife, Cynthia Wales Lund, who is assistant curator and special collections librarian at St. Olaf's Hong Kierkegaard Library.

Program Fee

The program fee is \$4,900 per person through March 15, 2009. Based on double occupancy, it includes:

- Seminars by Eric Lund
- Assistance by Cynthia Wales Lund
- Roundtrip airfare from Minneapolis/St. Paul
- Accommodations
- Breakfast daily and several other group meals
- Group tours, classes and wine tastings
- Admissions for group activities
- Ground transportation
- Gratuities

For single occupancy, add \$430. To travel "land only" (making your own arrangements to and from Italy), subtract \$1,600.

After March 15, 2009, the program fee is \$5,150 per person and could be subject to additional airfare.

Continuing Education Units

Approximately 28 hours of continuing education are available.

WESTERN JAPAN AND THE INLAND SEA

Program leaders: Robert Entenmann, professor of history and Asian studies, and Sarah Entenmann, freelance editor

May 30–June 13, 2009

Japan's classical civilization emerged around the Inland Sea, which separates the main islands of Honshu, Kyushu and Shikoku. Our journey begins at the ancient capitals of Kyoto and Nara, both founded in the eighth century. We stay at a Buddhist temple on Mt. Koya, headquarters of the Shingon sect, then ferry to Beppu for a stay at a Japanese inn at a hot spring resort. We continue on to Nagasaki, the site of Japan's first contact with the West as well as the target of the second atomic bomb in World War II. We finish in Tokyo, Japan's modern metropolis.

Seminars and suggested readings guide our examination of classical Japanese civilization in the Heian period, Shinto and Buddhism, Japanese–European relations in Nagasaki, and Japan in World War II.

Itinerary Highlights

Kyoto

Originally a villa for a retired emperor, Nanzenji was turned into a Zen temple in Kyoto in 1291. The main building surrounds a garden, behind which is the Leaping Tiger Garden, one of the great Zen gardens of Japan. The Philosopher's Path follows a tree-lined canal to Ginkakuji, originally a 15th-century shogun's villa and now a Buddhist temple.

Nara

The 8th-century Todaiji, one of the Seven Great Temples of Nara, houses the Daibutsu, a 49-foot high statue of the Buddha, in the world's largest wooden building. Horyuji, a Buddhist temple founded in 607, is the oldest temple in Japan.

Koyasan

A mountain-top complex of Buddhist temples, Koyasan is the headquarters of the Shingon sect of Japanese Buddhism and the site of Okuno-in, an immense forested cemetery. We will stay at Rengejo-in, a temple built around a garden and serving vegetarian meals.

Beppu

On the western end of the Inland Sea we will stay at a Japanese-style inn and enjoy Beppu's hot spring baths.

Nagasaki

The center of European presence in the 16th century and after Japan was again opened to the outside world in the 1850s, this city became a major port for western trade. Oura Church and Glover Garden are remnants of Nagasaki's days as a 19th-century treaty port.

Program Leaders

Bob Entenmann teaches courses on Japanese, Chinese and Southeast Asian history. Research on the social history of 18th-century Chinese Catholics has taken him to China, France and Italy. Bob has lectured and given papers in China and Europe and has published several articles on this topic.

Sarah Entenmann has traveled extensively in Europe and Asia. She and Bob led Term in Asia for St. Olaf students. They have also led Study Travel programs in China, Vietnam and Cambodia, and Japan. Sarah enjoys reading, studying Asian art, writing, listening to music and meeting people.

Program fee

The program fee is \$6,800 per person through Feb. 1, 2009. Based on double occupancy, it includes:

- Seminars by Bob Entenmann
- Assistance by Sarah Entenmann and a national guide
- Roundtrip airfare from Minneapolis/St. Paul
- Accommodations
- Breakfast daily and several other group meals
- Group tours
- Admissions for group activities
- Ground transportation
- Gratuities

For single occupancy, add \$510. To travel "land only" (making your own arrangements to and from Japan), subtract \$1,600. After Feb. 1, 2009, the program fee is \$6,950 per person and could be subject to additional airfare.

Continuing Education Units

Approximately 40 hours of continuing education are available.

DISCOVERING HISTORICAL PARIS: THE IMPORTANCE OF COLLECTIVE MEMORY

Program leaders: Wendy Allen, professor of French, and Richard Allen, professor of mathematics

May 26–June 6, 2009

One of the key characteristics of France is the importance the French give to their history. Much of this history is associated with Paris and is kept alive through historical monuments, museums, parks and even street names. No matter where one goes in Paris, the past lives on: from Notre Dame and Sainte Chapelle of the High Middle Ages through the reigns of Henry IV and Louis XIV; from the rise of Napoleon to Haussmann's rebuilding of Paris; from the Belle Époque and the Great War through the Occupation; and from the Liberation through the post-war period dominated by De Gaulle.

But history is never just about the past; it is about the present as well. During our time in the capital, we will see how, during the past two centuries, various groups and political communities in France have used competing constructions of the past to define their identities and legitimate their goals. Our journey will also include visits to Chartres, Versailles and Giverny.

Late spring is a beautiful time to visit the City of Lights and to wend our way — literally and figuratively — through its rich history. Please join us!

Early registration is recommended. This program is a reprise of the Allens' 2007 program, which sold out months in advance.

Program Leaders

Wendy and Richard Allen custom designed this program using their intimate knowledge of France and French culture. At St. Olaf since 1977, Wendy has taught courses in French language, culture and literature and has led numerous January Interim courses for students in France. Her particular areas of research include 17th-century French literature, contemporary France, second language acquisition and pedagogy. She has also been deeply involved with St. Olaf's Foreign Languages Across the Curriculum.

Richard came to St. Olaf in 1975 to establish the computer science program, and he has been involved with it ever since. For the past 20 years, Rich has conducted research on French artificial intelligence teams in Rennes and Grenoble. He has spent three successive sabbatical leaves in France working on these teams. As a result of working in the Middle East, Rich developed and teaches a course on Islamic geometric patterns. An ardent Francophile, he visits France — in particular, Brittany — as often as he can.

In addition to leading Discovering Historical Paris in 2007 and 2008, Rich and Wendy led the Term in the Middle East and Global Semester for students. They will lead Global Semester again in Fall 2008.

Program Fee

The program fee is \$4,150 per person through Feb. 1, 2009. Based on double occupancy, it includes:

- Seminars by Wendy and Richard Allen
- Roundtrip airfare from Minneapolis/St. Paul
- All accommodations
- Breakfast daily and several other group meals
- Entrance fees
- Group tours
- Ground transportation
- Gratuities

For single occupancy add \$700. The land only reduction (making your own arrangements to and from Paris) is \$1,400.

The program fee after Feb. 1, 2009, is \$4,300 per person and could be subject to additional airfare because group seats cannot be guaranteed after this date.

Continuing Education Units

Approximately 36 hours of continuing education are available.

(Poland — Continued from page 1)

Poznan in Poland, moved on to the University of Stuttgart and completed a further degree at the University of Toronto.

The McWilliams family has traveled extensively between the American and European continents. Their passion for travel is driven by their interest in discovering the richness of other cultures. While visiting foreign lands, their travel motto is, “Nothing is better or worse than at home — only different.”

At home, the McWilliams family cultivates Polish language, culture and traditions. Their two children are comfortable using Polish, since that was their only language until their first days at school.

Program Fee

The program fee is \$5,765 per person through March 1, 2009. Based on double occupancy, it includes:

- Seminars by Kent McWilliams and Renata Debska-McWilliams

- Assistance by local guides
- Roundtrip airfare from Minneapolis/St. Paul
- Accommodations
- Breakfast daily and several other group meals
- Group tours
- Admissions for group activities
- Ground transportation
- Gratuities

For single occupancy, add \$560. To travel “land only” (making your own arrangements to and from Poland), subtract \$1,800.

After March 1, 2009, the program fee is \$5,915 per person and could be subject to additional airfare.

Continuing Education Units

Approximately 48 hours of continuing education are available.

PERU: PEOPLE, PLACES AND POVERTY — WAIT LISTED

Program leaders: Ted Johnson, professor of biology and director of biomedical studies, and Michelle Johnson, medical technologist

June 9–22, 2009

Peru, with its spectacular scenery and rich Incan heritage, is a remarkable place to travel. The Incan culture and history and the contemporary health care system provide the framework for our exploration. Our journey starts at 11,000 feet in Cusco, the ancient capital of the Incan empire. We will have many opportunities to learn from the wonderful Peruvian people and optional visits to local orphanages and hospitals.

We’ll see the lush Urubamba sacred valley and visit the Ollantaytambo fortress and the Willoq people in the Urubambo mountain village. We’ll ride the rails to magical Machu Picchu, lost city of the Incas. Returning to Cusco, we’ll fly to Juliaca and take a private coach to Puno. There we’ll cruise on the high-altitude Lake Titicaca and visit Reed Island, home to the Uros people. On

our way back to Lima we’ll stop in Arequipa with its magnificent Spanish architecture, inactive volcano and deep canyons. These sites provide a fitting end to a rich cultural experience immersed in the history, geography and people of Peru.

Program Leaders

Ted and Michelle Johnson, are veteran travelers and program leaders. Ted and Michelle led the St Olaf Global Semester, the Environmental Studies in Australia Semester and the Term in Asia. Ted led students on Interim study service programs in Peru multiple times in the last four years.

Program Fee

The program fee is \$4,675 per person. For single occupancy, add \$450.

Continuing Education Units

Approximately 33 hours of continuing education are available.

RELIGIONS, ROCKS AND AGES: TURKEY, JORDAN AND ISRAEL/PALESTINE — WAIT LISTED

Program leaders: Ed Langerak, professor of philosophy, and Lois Langerak, dental hygienist

Jan. 11–31, 2009

Join us for a thought-provoking journey through much of the birthplace of Western Civilization. It is hard to imagine three countries with a more interesting combination of rich history, vibrant culture, fascinating archeology and iconic monuments, all in a time and place of vigorous political debate and religious diversity. We will visit many sites and talk with local people about their views of politics and religion including issues of toleration, respect for differences and the reasons for fanaticism and intolerance. For decades, St. Olaf has maintained close contacts in these countries with people and organizations who know how to arrange tours that combine visits to the most interesting places with a primary concern for safety.

Program Leaders

Ed and Lois Langerak are experienced travelers and group leaders, having led St. Olaf College's Term in Asia, Term in the Middle East and Global Semester. Ed received his Ph.D. from Princeton University and has taught philosophy and interdisciplinary courses at St. Olaf since 1972. His recent research and publications have focused on issues of toleration and pluralism. Lois is a dental hygienist in Northfield.

Program Fee

The program fee is \$5,775 per person through Sept. 15, 2008. For single occupancy, add \$400. After Sept. 15, 2008, the program fee is \$5,925 and could be subject to additional airfare.

Continuing Education Units

Approximately 46 hours of continuing education are available.

CONTEMPORARY SOUTH AFRICA: CULTURE, IDENTITY AND LIBERATION

Program leaders: Pat Quade, professor emeritus of theater, and Kathy Quade, retired St. Olaf disability services coordinator

Nov. 7–22, 2009

South Africa is alive with exceptional natural beauty and wildlife. The country's 20,000 plant species make it one of 17 countries in the world to be considered "megadiverse." Wild game, whales, exotic birds and rare foliage offer the visitor unparalleled opportunities to experience some of these unique natural wonders. In this program we will view some of these gifts of nature and observe how they are being protected.

South Africa also has a human story to tell. We will venture beyond the flora and fauna and begin to examine its culture and history. More than 15 years after the end of apartheid, South Africa continues to define its cultural identity while dealing with the myriad issues stemming from transitions in the economy, politics and social justice. We will examine these contemporary realities through observations of and interactions with people and institutions directly engaged in the process.

We will begin our program at Kruger National Park. Three days of activities include game drive safaris, when

we hope to glimpse some of the Big 5 — lion, elephant, buffalo, rhino, leopard — and others of the 147 mammal species in the park. Kruger is the largest game reserve in South Africa and a world leader in advanced environmental management techniques.

An overnight stay near Victoria Falls precedes our travel to Cape Town and environs for the last 8 days of the program. Recognized as one of the most beautiful cities in the world, Cape Town is set between Table Mountain and sandy Atlantic beaches. The oldest city in southern Africa, its history is reflected in the varied architecture including Cape Dutch, neo-Gothic, Muslim, Victorian and Georgian. We will learn of this history and examine this culture through lectures, discussions, site visits and excursions to nearby towns, vineyards and historical monuments.

Program Fee

The program fee, based on double occupancy, is \$7,100 per person through July 1, 2009. For single occupancy, add \$525. To travel "land only" (making your own arrangements to and from Cape Town), subtract \$2,400.

Visit our web site, stolaf.edu/studytravel, for more details.

STUDY TRAVEL
Go “Behind the Seen”

LOOK INSIDE FOR DETAILS ON
THESE 2009 PROGRAMS:

Western Japan and the Inland Sea

Discovering Historical Paris

Culinary Italy

***Poland: In the Footsteps of
Famous Poles***

***Contemporary South Africa:
Culture, Identity and Liberation***

STUDY TRAVEL IN 2010:

Hong Kong

January 1–10, 2010

Spain

March 26–April 8, 2010

Croatia

14 days in May 2010

Norway

10 days in June 2010

Northern Greece

16–18 days in June 2010

Morocco

10 days in June 2010

Germany and the Passion Play

September 2010